Borough of Brighton.

ANNUAL REPORT

ON THE

HEALTH,

SANITARY CONDITION, &c.,

OF THE

BOROUGH OF BRIGHTON,

FOR THE YEAR 1899.

BY

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1900.

BOROUGH OF BRIGHTON.

Sanitary Committee.

THE MAYOR (MR. ALDERMAN STAFFORD, J.P.), ALDERMAN SIR JOSEPH EWART, KNT., M.D., J.P., MR. COUNCILLOR BLAKER,

BROWN,
BUCKWELL,
BUTT-THOMPSON,
DEWE, J.P.,
HOLLIS, (Chairman),
HOLLOWAY,
MCCLEAN,
SMITHERS,
SONE,
TITCOMB.

Town Clerk: Mr. FRANCIS J. TILLSTONE.

Staff of the Public Ibealth Department.

Matron of Sanatorium: Miss RATCLIFF.

Thouse Physicians.

A. HUDSON, M.R.C.S., D.P.H., &c., Nov., 1898-April, 1899.

A. L. ORMEROD, M.B., D.P.H. Oxon., May-Oct., 1899.

H. HEWITT, M.B. LOND., D.P.H., Nov. 1899-April, 1900.

Chief Inspector of Muisances.

JAMES F. SKINNER (Certif. San. Institute).

Medical Officer of Bealth: ARTHUR NEWSHOLME, M.D. Loud.

PREFACE.

Town Hall.

March 23rd, 1900.

To the Sanitary Committee of the Brighton Town Council.

GENTLEMEN,—

I beg to present herewith my report for 1899. The year has been one of work at high pressure throughout its entire course. circumstances causing this will be gathered from a perusal of this report. The year 1899 will long be remembered throughout a large portion of England and Wales, on account of the excessive amount of Scarlet Fever and Diphtheria which occurred in it. The causes of this excess are not far The climatic conditions were such as specially favour these two diseases, as well as Infantile Diarrhoea, which was unusually fatal; and there was a large number of ill-marked cases, which were not recognized at an early date, some not at all. Notwithstanding these facts, it is satisfactory to know that at no part of the year was there any public alarm, and that we were able without the slightest interval to admit all cases requiring isolation to the Sanatorium. The work at this Institution has been very heavy, and I cannot speak too highly of the skill and devotion with which the matron and staff of nurses, as well as the engineer and disinfector, have carried out their duties. I wish also to mention particularly the admirable manner in which Inspector Norrish, the special inspector in regard to Infectious diseases, has carried out his extremely arduous work, often stretching late into the night. He has been well assisted by Inspector Salvage, who has more than justified his promotion from the rank of disinfector.

I beg also to thank you for the cordial support which you have always accorded me in carrying out my work, which has greatly diminished the anxiety necessarily associated with it.

I am, Gentlemen,

Your obedient Servant,

Arthur Newskolme, UD.

Medical Officer of Health.

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A.-VITAL STATISTICS.

POPULATION.

The population of the County Borough of Brighton at the middle of 1899 is estimated by the Registrar-General to be 123,227. This estimate is based on the assumption that the rate of increase during the decennium 1881-90, is being continued in the present decennium.

During 1899, 373 new dwelling-houses were passed by the Borough Surveyor's Department, as compared with 324 in 1898, and 412 in 1897. These were situate in the following Wards:—Kemp Town 15, Lewes Road 52, Pier 3, Queen's Park 42, Pavilion 2, Hanover 5, St. Nicholas 1, St. John's 1, Preston 128, Preston Park 129.

In Table III. an estimate of the population in each ward is given, and on this estimate are based the death-rates in each Ward given in Table IV. Such an estimate can necessarily only be approximately accurate.

BIRTHS.

The total number of births registered in the Borough in the 52 weeks ending December 30th, 1899, was 3,058,—1,523 of boys and 1,535 of girls. This is equivalent to a birth-rate of 24'8 per 1,000 inhabitants. The birth-rate of the thirty-three great towns was 30'2 per 1,000, that of London being 29'4. Brighton had the lowest birth-rate among the great towns, with the exception of Huddersfield, Halifax, Bradford and Oldham. For a comparison of the birth-rate with that of previous years see Table I.

Of the births, 181 were of illegitimate children, forming 5'9 per cent. of the total births, as compared with 6.2 per cent. in the previous year. 55 births occurred in the Workhouse, of which 46 were of illegitimate children.

Table I.—Comparison of Births and Deaths in Successive Years.

Years. Birt	hs. Birth-Rate per 1,000 inhabitants.	Deaths from all Causes.	Death- Rate per 1,000 inhabit- ants.	Death-Rate from the seven chief Infectious Diseases per 1,000 inhabitants.	Death-Rate under one year of age per 1,000 births.
1882 32 1883 32 1884 32 1885 29 1886 29 1887 30 1888 27 1889 29 1890 29 1891 30 1892 29 1893 29 1894 30 1895 30 *1896 30 1898 30 1899 30	36 29.6 48 29.1 31 26.9 57 26.5 38 27.0 91 24.6 34 26.0 15 25.4 31 26.2 58 25.1 31 25.3 25.8 25.1 35 25.6 25.1 24.6 35 24.6 35 24.6 35 24.8	2372 2131 2064 1952 1986 1988 1928 1833 2232 2097 2232 2165 1943 2250 1975 1823 2057 2322	21·8 19·5 18·8 17·6 17·8 17·7 17·0 16·1 19·1 18·2 18·9 18·4 16·4 18·8 16·1 15·0 16·7 18·9	4·40 2·50 1·77 1·43 1·97 2·33 1·42 1·60 2·57 1·06 2·09 1·84 1·20 1·72 1·66 1·54 1·69 2·49	187 160 162 132 160 148 149 131 164 137 151 169 137 164 124 144 179 173

DEATHS.

During the year 1899, 2,322 deaths were registered as belonging to Brighton, 1,140 of males and 1,182 of females. This shows an annual death rate of 18.9 per 1,000 of estimated population, as compared with 16.7 in 1898, and 15.0 in 1897 (see Table I.).

The general course of the death-rate since 1875, when Preston was incorporated into the Municipal Borough, has been as follows:—

					Death-ra	ite from all	causes.
Three	years	1875-77	• • •		• • •	20.5.	
,,	17	1878-80			• • •	20.3.	
3.5	,,	1881-83	• • •		٠.,	20.2.	
,,	,,	1884-86	* * *	• • •		18.0.	
,,	,,	1887-89			• • •	16.9.	
,,	,,	1890-92				18.7.	
2.2	33	1893-95	• • •		• • •	17'9.	
Four	٠,	1896-99	• • •		• • •	16.7.	

It will be observed that, although there has been a temporary check in the reduction of the death-rate, the lowest average death-rate occurred in the period 1896-99. A study of Table I. will show that the amount of this check has varied from year to year; the explanation of it will be evident from the following table.

TABLE II.

Year.	No. of Deaths from All Causes.	No. of Deaths from Influenza.	No. of Deaths from Respiratory Diseases.	No. of Deaths from Diarrhœa.
1889	1833	_	291	64
1890	2232	23	417	94
1891	2097	71	381	47
1892	2232	149	392	68
1893	2165	33	343	87
1894	1943	49	321	52
1895	2250	107	411	103
1896	1975	21	299	73
1897	1823	24	245	109
1898	2057	33	304	129
1899	2322	96	389	191
1000				

Thus in 1889, the death-rate from respiratory diseases (influenza not having appeared in our midst) was 2'4 per 1000 inhabitants, while that from diarrhea was '6 per 1000. In 1899, the death-rate from respiratory diseases and influenza was 4 per 1000, and that from diarrhea 1'6 per 1000. Had these two groups of disease been no less prevalent in 1899 than in 1889, the death-rate could have been 16'2, slightly lower than that of 1889. Of these two causes of death Influenza is largely uncontrollable, Diarrhea is partly caused by hot and

dry weather in the 3rd quarter of the year, which prevailed to a very exceptional extent during last summer (see further remarks pages 25 and 29).

WARD DISTRIBUTION OF DEATHS.

In the following tables the deaths and death-rate for the more important causes of death are given. Great difficulty has been encountered in arriving at an estimate of the population of each ward, and the figures given in the first column can only be approximately correct. After making all allowances for possible errors, the comparative death-rates given in Table IV. are very instructive.

TABLE III.

				Nu	mber	of De	aths	during	1899.		
Ward.	Estimated Population.	All Causes.	Scarlet Fever.	Diphtheria.	Enteric Fever.	Measles.	Whooping Cough.	Diarrhœa.	Phthisis,	Other Tubercular Diseases.	Bronchitis and Pneumonia.
Kemp Town Queen's Park Pier Pavilion Regency West Montpelier St. Nicholas St. John's Hanover Lewes Road St. Peter's Preston Park Preston	7,205 7,228 11,928 5,316 8,294 5,272 6,065 10,706 12,347 10,935 11,840 8,492 7,170 10,430 123,227	102 (5) 139 (30) 245 (4) 77 (2) 122 91 93 (15) 178 (1) 263 245 245 176 97 186 (6) 2259 (63)	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	1 4 4 1 5 3 1(2) 11 3 4 10 6 2 5 7 60(2)	1 1 2 3 3 -2 1 5 1 1 1 1	- - - - 1 - - - 1	- 4 2 1 - 4 3 1 1 1 2 - 19	3 8 20 4 5 3 1 9 30 40 25 16 8 19	6 11 (2) 27 9 6 7 10 (1) 14 16 19 17 14 8 12 (1) 176 (4)	2 (1) -1 2 1 3 4 6 4 7 2 1 1 34 (1)	12 25(1) 39(1) 17 13 11 11 26 43 39 41 29 11 26 343(*)

(Deaths in Public Institutions, &c., the home address of which was not stated, arc given in brackets).

Thus the general death-rate varied from 13'5 per 1000 in Preston Park, 14'2 in Kemp Town, and 14'5 in Pavilion, to 21'4 in St. John's, and 22'5 in Hanover Wards. A portion of these differences may be due to the fact that in Wards like the Pavilion and Preston Park, there is a much smaller proportion of children under five, in whom the death-rate is much higher than during the working period of life. It will not be possible to make corrections for this possible error, except for the first year of life, until after the next census returns are obtained.

Table IV.—Death-rates in the different Wards.

				Annua	l Deat	h-rate i	from			
Ward.	All Causes.	Scarlet Fever.	Diphtheria.	Enteric Fever.	Measles.	Whooping Cough.	Diarrhœa.	Phthisis.	Other Tubercular Diseases.	Bronchitis and Pneumonia.
Kemp Town Queen's Park Pier Pavilion Regency West Montpelier St. Nicholas St. John's Hanover Lewes Road St. Peter's Preston Park Preston	14·2 19·2 20·6 14·5 14·7 17·3 15·3 16·7 21·4 22·5 20·8 20·7 13·5 17·9	0·19	0·14 0·55 0·34 0·19 0·60 0·57 0·16 1·03 0·24 0·37 0·85 0·70 0·28 0·48	0·14 0·17 0·56 0·36 0·32 0·09 0·41 0·09 0·26 0·12 0·14 0·10 0·20	0.09		0·42 1·10 1·70 0·75 0·60 0·57 0·16 0·84 2·44 3·67 2·12 1·88 1·12 1·83	0·84 1·52 2·27 1·69 0·72 1·33 1·65 1·31 1·75 1·44 1·65 1·12 1·16	0·28	1.68 3.46 3.28 3.19 1.57 2.09 1.82 2.43 3.51 3.58 3.48 3.42 1.53 2.51

We can, however, obtain a correct statement of the death-rates under one year of age, by stating them in terms of the number of births in each ward. Since the beginning of 1899, a special payment has been made to the three Registrars, whose districts are included in the Municipal Borough, for furnishing quarterly returns of births in each ward. This enables me to present table V.

WARD DISTRIBUTION OF DEATHS ACCORDING TO CAUSE.

Table IV. shews that the highest death-rate from Scarlet Fever was in the Lewes Road Ward. More than half of the wards had no deaths from this cause. From Diphtheria all the wards suffered with unusual severity, many cases of this disease unfortunately not having had their serious character recognised and medical aid obtained before they were beyond the reach of effectual medical aid. This was particularly so in St. Nicholas and Lewes Road Wards, which suffered most severely. The contrast between these two wards on the one hand and St. John's and Hanover Wards, in respect of this disease, is very striking. It must be ascribed to accidents connected with the spread of disease from unrecognised or neglected cases, rather than to any essential differences in the sanitary condition of these wards.

The one death from Measles during the year occurred in St. Nicholas Ward,

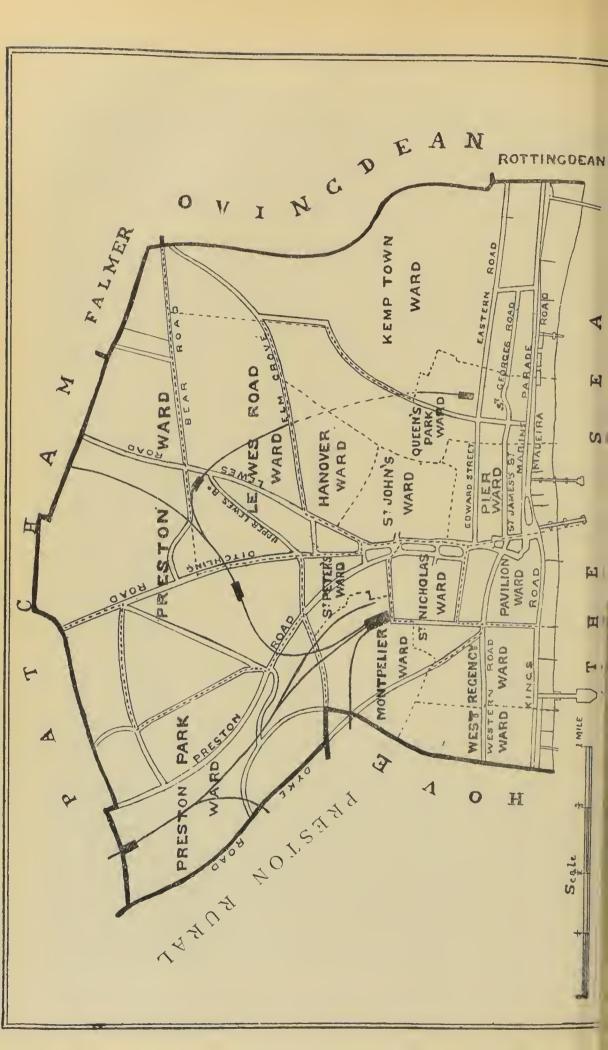
Enteric or Typhoid Fever, unlike the preceding diseases, and unlike Diarrhæa, was especially fatal in the wards having the smallest proportion of children, namely, the Pavilion and Regency Wards. It was also high in St. John's Ward. The two first wards just named are pre-eminently visitors' wards, and the excess in these fits in with the well-known habit in these wards of eating uncooked and sewage-contaminated oysters and other molluscs.

Whooping Cough was most fatal in Queen's Park Ward, five wards having no deaths from this disease. Diarrhea will be considered in detail on page 25. Phthisis was most fatal in the Pier Ward, least fatal in the Kemp Town and Regency Wards. The death-rate from Bronchitis and Pneumonia is an index of social as well as of sanitary conditions. It was highest in Hanover and St. John's Wards, though nearly as high in the Queen's Park and Lewes Road Wards.

TABLE V.

		Deaths from All Causes under one year of age per 1000 Births.	Deaths from Diarrhœa per 1000 Births.
Kemp Town Queen's Park Pier Pavilion Kegency West Montpelier St. Nicholas St. John's Hanover Lewes Road St. Peter's Preston Park Preston		114 140 195 176 118 239 198 186 178 249 157 191 99 140	26.4 36.1 78.2 44.1 49.1 71.5 13.2 43.9 69.1 102.0 61.4 67.0 49.4 60.5

In the preceding table the infantile death-rate from all causes and from Diarrhœa per 1000 births is given. This appears to be more correct way of estimating the death-rate from Diarrhœa, as most of the deaths from this cause occur under one year of age. In certain of the Wards, however (given inside brackets above), the number of births and deaths in infancy is so small, that they should be excluded from comparison. Omitting these, we find the highest infantile mortality from all causes, and from Diarrhœa, in Hanover Ward; next comes Pier Ward, St. Nicholas and St. John's Wards also having a bad record in these respects. Preston Park and Kemp Town Wards have the most favourable relative position.



DEATH OF VISITORS.

Of the total 2,352 deaths registered in Brighton during last year, 77 occurring in private houses, 30 in the County Hospital, and 12 in the Children's Hospital, were stated to be of visitors. The return of deaths among visitors is incomplete, many of the deaths occurring amongst visitors not being marked as such. The County Hospital in particular draws a considerable number of patients from surrounding districts, as will be seen from the following table of deaths in that institution:—

	1893.	1894.	1895.	1896.	1897. 1898. 1899.
Deaths of Inhabitants of					•
Brighton	94	94	92	96	85 73 90
Deaths of persons from the					
rural districts of Sussex,					
&c	19	2 I	24	25	31 27 21
Deaths of persons from					
Hove	6	I 2	II	II	10 7 ?
Deaths of persons from				•	
London, &c	2	2	3	4	7 8 2
Addresses not known	<u> </u>	4	I		2 I —
					
Total Deaths in the					
Sussex County Hospital 1	21	133	131	136	133 116 120

Thus, taking the average of seven years, 30'3 per cent. of the total deaths in the County Hospital were of non-residents.

Of the 45 patients dying in the Children's Hospital during 1899, one came from Burgess Hill, one from West Tarring, one from Fishersgate, one from Mockbridge, one from Laughton, one from Worthing, five from Hove and one from West Croydon.

The Registrar-General now excludes from the Brighton returns the deaths occurring in the Female Convalescent Home, Marine Parade, in the Sussex County Hospital, and in the Borough Sanatorium respectively, of persons who had not resided in the Borough prior to their admission into these respective institutions; and includes on the other hand the deaths of any Preston paupers which occur in the Steyning Union Workhouse. As shewn by the above table, 43 deaths of outsiders occurred at the County Hospital. The result of the correction carried to this extent is to reduce the total 2,352 deaths by 30. No correction is made for the Children's Hospital and other institutions in the town; and no account is taken of the much larger number of visitors who die in Brighton, but not in any public institution in it.

DEATHS IN PUBLIC INSTITUTIONS.

Of the total deaths, 230 occurred in the Workhouse, 90 in the Sussex County Hospital, 45 in the Children's Hospital, 66 in the Sanatorium, 3 in the Lying-In Hospital, 6 in the Barracks, 5 in the Shoreham Workhouse, 1 in St. Mary's Home, and 1 in the Throat and Ear Hospital.

DEATHS DISTRIBUTED ACCORDING TO AGE.

An accurate statement of the death-rate involves its statement in groups of ages for the persons living and dying at these ages. This is given for five years in the following table:—

Year	At all ages	Under 5	5-10	10-15	15-20	20 -25	25-35	35-45	45-55	55-65 -	65-75	75 and upwards
1895 1896 1897 1898 1899	18.8 16.1 15.0 16.7 18.8	63.6 51.2 48.7 62.3 55.9	3·3 3·7 2·7 2·6 3·4	2·6 1·3 2·0 2·1 2·5	2·7 3·3 3·3 3·4 2·7	4·0 3·9 3·4 3·4 4·5	5·1 5·3 5·1 5·1 6·8	10:4 11:8 9:2 10:0 11:3	17.5 16.3 15.1 17.2 19.3	25·2 22·8 24·4	59·4 52·0 46·9 48·9 65.5	154·7 137·0 123·0 120·0 162·7

TABLE VI.—Death-rate per 1,000 living at each group of ages.

It will be seen that, notwithstanding the high mortality from Diarrhœa which falls chiefly upon infants, the death-rate under five years of age was lower than in 1898. This was caused in part by the satisfactorily low death-rate from Measles. The excessive mortality occurred chiefly at the higher ages, and was due to Influenza and the respiratory complaints which are intensified and made more fatal by it.

The average age at death was unusually high during last year; 29.5 per cent. of the total deaths occurring at ages over 65, as compared with 24.3 per cent. in 1898; and 15.6 per cent. at ages over 75, as compared with 12.7 per cent. in 1898.

It needs occasionally to be emphasised that "lowering of the death-rate" has its limitations. Lives which are saved at the earlier ages, must suffer the common lot of humanity at higher ages. It has been asserted by some that the saving of life in the younger age-groups of the preceding table, is associated with a higher death-rate (per 1,000 living) at each of the older age-groups. This is not so to any marked extent. The improved prospects of life are being steadily pushed to higher ages. While it is quite true that every life saved in youth means an additional death at higher ages, it does not imply that the death-rate at these ages is increased. The unfavourable influence shewn at the higher ages in Table VI. is caused by Influenza, and is only temporary in its operation.

Infantile Mortality.—The infantile mortality (under one year of age) is best stated in terms of the infantile population, that is, practically the annual number of births. Thus stated, during last year it was 124 per 1,000 births.

The infantile death-rate for each ward is given, page 9.

Mortality among Illegitimate Infants.—The total number of deaths under one year of age in 1899 was 530. Of this number 64 were illegitimate children. Stated in proportion to numbers living, the relative mortality among legitimate and illegitimate infants was as follows:—

1893. 1894. 1895. 1896. 1897. 1898. 1899.

Deaths of legitimate infants

per 1,000 legitimate births 158 ... 135 ... 151 ... 129 ... 135 ... 169 ... 199

Deaths of illegitimate infants

per 1,000 illegitimate births 319 ... 173 ... 358 ... 233 ... 265 ... 316 ... 354

DEATHS AND SICKNESS ACCORDING TO SEASONS.

Table XV. shews the weekly deaths from the chief causes and the annual death-rate. In the following table the incidence of the notifiable infectious diseases is shewn according to the months of the year. The cases are classified according to the date of notification of each case.

	Diphtheria and Membranous Croup.	Scarlet Fever.	Typhoid Fever.	Erysipelas.	Puerperal Fever.	Cholera.*
Onset in Dec. January, 1899 February March April June July August September October November December	7 57 50 50 22 31 45 49 46 59 83 102 66	9 55 35 38 42 41 65 89 63 97 99 119 62	8 77 77 9 14 18 24 19 24 23 13 9	3 17 15 6 12 8 8 8 10 5 7 9 5	$ \begin{array}{c} $	- - - - - 1 - -
	667	814	182	113	14	1

Table VII.—Number of Cases notified in 1899.

CHIEF CAUSES OF DEATH.

The chief causes of death, and the number of deaths from each disease or group of diseases, are tabulated in Table VIII. This table gives the relative incidence of different diseases, and the incidence of each disease in the two sexes and at different ages.

^{*} This was an unusually severe case of Summer Diarrhœa, which was notified as Cholera.

TABLE VIII.

Causes of Death in Brighton	Total	SI	EX.		
DURING THE YEAR 1899.	Deaths.	Male.	Female.	0—1	1-5
Small Pox	1 19 25 1 191 62	1 6 15 1 105 25	13 10 86 37	8 — — — — —	1 10 2 - 28 42
Diphtheria Scarlet Fever Puerperal Fever Erysipelas Other Zymotie Diseases Influenza Syphilis Tetanus Ulcerative Endocarditis	10 8 9 5 96 19 2	8 2 4 40 9 2 2	8 7 1 56 10 —	1 -5 1 4 18 1	7 - 1 1 -
Phthisis Tabes Mesenteriea Brain Tubercle Other Tubereular Diseases	180 5 18	98 2 10 6	82 3 8	- 2 8 3	5 2 6
Cancer Malignant Disease Gont and Rheumatism Other Constitutional Diseases	135 17 21	50 10 10	85 7 11	$\frac{1}{1}$	2 2 1
Parasitic Diseases	1	1			_
Dietie	34	23	11	4	in the state of th
Nervous Diseases, excluding Convulsions Convulsions Diseases of Organs of Special	176 33 2	90 11 2	86 22	4 30	4 3
Sense	175 389 142 10 64 8	$ \begin{array}{c c} & 2 \\ & 80 \\ & 189 \\ & 68 \\ & 1 \\ & 37 \\ & 2 \end{array} $	95 200 74 9 27 6	$ \begin{array}{c} $	37 13 —
Integumentary Diseases of Glandlike Organs of Uncertain Use	9	2	2	_ _	
Premature birth and low vitality Congenital defects and mal- formations Old age	87 7 193	58 6 70	29 1 123	87 6 —	1 -
Violenee	67	48	19	15	4
Ill-defined	85	46	39	75	5
TOTALS	2322	1140	1182	530	179

TABLE VIII. (contd.)

		A	GES AT	DEAT	Н.				
5—10	10 - 15	15—20	20—25	25—35	35—45	45—55	55—65	65—75	75 and upwards
- - - - - - - - - - - - - - - - - - -	- 2 - 3 3 3 1 3 2 1 2	- 6 - - - 1 - - 12 - -	- - - 3 - - - - 1 - - - - - - - - - - -	- - - - - - - - - - - - - - - - - - -	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{c c} & - & \\ & - & \\ & 3 & \\ & 2 & \\ & 1 & \\ & - & \\ & 1 & \\ & - & \\ & 1 & \\ & - & \\ & 1 & \\ & 30 & \\ & - & \\ & 1 & \\ & 30 & \\ & - & \\ & 1 & \\ & 2 & \\ \end{array} $	- - - - - - - - - - - - - - - - - - -	1 30 1 6	
-	_	_ _	_ _	1 3	12	7		_ 1	
3 —	3	2	2 _	9	12	25 —	34 —	47	31
2 4 7 — — —	1 2 2 1 -	7 1 — 1 — —	5 8 4 1 2 1 1	-8 15 19 2 3 	 19 16 13 4 8 1 	26 36 11 11 11 2 -	 40 46 19 12 2 	$ \begin{array}{c c} & -43 \\ & 77 \\ & 17 \\ & 1 \\ & 15 \\ & -4 \\ & 1 \\ & - \\ \end{array} $	77 5 1 11 1 4
	_		_	_	=	1	$\frac{-}{2}$	43	147
3	1 —	3	1 —	5 —	10	9	7	5 	4 –
44	31	33	52	134	172	217	246	323	361

ZYMOTIC DISEASES.

The seven chief infectious diseases caused 308 deaths, as compared with 198 in the previous year, which is equivalent to an annual death-rate of 2.49 per 1,000 of population.

The relative proportion borne by each zymotic disease is shewn in Table IX.

TABLE IX.

			Annı	nal De	ath-Ra	te per	100,000	0 of po	pulatio	n fron	1	
Year.	Population.	All Causes.	Small Pox.	Measles.	Scarlet Fever.	Diphtheria.	Whooping Cough.	Fever (chiefly Enteric).	Diarrhœa.	The Seven Chief Zymotic Diseases.	Phthisis.	Other Tubercular Diseases.
1869 1870 1871 1872 1873 1874 *1875 1876 1877 1878 1879 1880 1881 1882 1883 1884 1885 1886 1887 1889 1890 1891 1892 1893 1894 1895 1896 1897 1898	87,659 88,878 90,345 91,684 93,041 95,297 97,005 98,746 100,510 102,320 104,150 106,200 107,934 108,680 109,425 110,180 110,938 111,704 112,473 113,248 114,029 114,814 115,606 116,424 117,833 118,715 119,606 120,499 121,401 122,310 123,227	2060 2390 2260 2090 1870 2130 2250 2000 1910 2160 1930 2000 1910 2180 1760 1770 1700 1610 1910 1820 1840 1640 1880 1610 1501 1674 1889		2 44 23 45 7 65 2 57 2 22 25 21 143 51 7 31 10 64 3 40 53 24 99 11 30 21 45 14 7 1	79 150 91 83 6 4 21 68 27 8 13 77 68 83 11 27 69 8 10 10 1 7 9 3 4 5 10 6 8	12 32 9 10 4 20 8 9 5 4 3 3 6 7 6 14 16 19 27 21 9 12 10 19 30 22 15 16 10 18 50	45 83 9 26 45 55 89 13 52 80 52 41 30 115 57 33 41 60 28 43 24 89 18 19 47 12 34 26 21 18 15	39 40 38 27 33 34 26 14 18 16 10 21 42 25 25 14 16 11 11 7 13 16 11 17 15 20	147 111 155 143 91 78 104 76 80 107 42 127 48 61 96 80 32 84 95 54 56 82 41 105 1155	325 505 396 338 188 256 249 238 194 236 146 290 263 438 246 178 142 160 257 105 209 183 120 172 165 163 233 249	233 225 214 192 183 209 192 195 191 195 178 153 178 192 143 141 168 152 167 150 142 136 146	

^{*} Preston added to the Borough in 1874.

THE NOTIFICATION OF INFECTIOUS DISEASES.

For a knowledge of the more important Infectious Diseases we are, since March 1st, 1891, no longer dependent solely on the uncertain and late information obtainable from the death-returns and from casual sources.

The more accurate and prompt returns furnished to me under the Infectious Diseases (Notification) Act show that the number of cases of Infectious Diseases notified during 1899 was:—Diphtheria, 667; Scarlet Fever, 814; Enteric Fever, 182; Erysipelas, 113; Puerperal Fever, 14; Cholera, 1.

The above is the number of supposed *cases* of infectious disease. Further observation in a certain proportion of these led to a revision of the diagnosis.

Nine cases of Diphtheria, 6 of Enteric Fever, 5 of Erysipelas, 3 of Scarlet Fever, and one of Puerperal Fever, were notified severally by two doctors, chiefly in connection with their removal to hospitals.

The total number of notifications (including 19 by myself) was 1815, as compared with 700 in 1898. Of these, 332 occurred in public medical practice—the amount payable for the certificates being £16 12s.; while 1,464 occurred in private medical practice—the amount payable being £183. The total amount paid for notification certificates was £199 12s.

The cost of administering the Infectious Diseases (Notification) Act in each complete year since its adoption in Brighton is as follows:—-

			Cost	of Not	'IFICATI	ON FEES	s Paid	TO	
YEAR.		MEDIC	AL PRA	CTITION	ERS PE	R 1,000	OF POP	ULA	TION.
								s.	d.
1892	• • •	• • •	• • •		• • •	• • •		ΙI	3
1893	• • •	• • •	• • •	• • •	• • •	• • •	• • •	17	3
1894							• • •	10	0
1895				• • •	• • •			IO	ı
1896	• • •		• • •		• • •			ΙI	9
1897	• • •	• • •						Ι2	0
1898		• • •			• • •			18	0
1899					• • •			32	5

TABLE X.

		Number of infectious cases per 100,000 of population.	Number of deaths per 100,000 of population.	Case-mortality Number of deaths per 100 cases notified.
Diphtheria and Croup	$\begin{array}{c} 1892 \\ 1893 \\ 1894 \\ 1895 \\ 1896 \\ 1897 \\ 1898 \\ 1899 \end{array}$	94 157 104 171 141 154 311 541	19 30 22 15 16 10 18 50	20·2 18·4 21·1 8·8 10·9 6·5 5·8 9·2
Searlet Fever	$ \begin{bmatrix} 1892 \\ 1893 \\ 1894 \\ 1895 \\ 1896 \\ 1897 \\ 1898 \\ 1899 \end{bmatrix} $	321 406 185 163 206 269 302 662	7 9 3 4 5 10 6 8	2·1 2·2 1·6 2·5 2·3 3·7 2·0 1·2
Enterie and Continued Fever	$\dots \left\{ \begin{array}{c} 1892 \\ 1893 \\ 1894 \\ 1895 \\ 1896 \\ 1897 \\ 1898 \\ 1899 \end{array} \right.$	54 65 69 72 101 94 105 148	7 13 9 12 11 17 15 20	12·7 19·5 13·0 16·6 11·2 18·1 14·3 13·7
Erysipelas	$\dots \left\{ \begin{array}{c} 1892 \\ 1893 \\ 1894 \\ 1895 \\ 1896 \\ 1897 \\ 1898 \\ 1899 \end{array} \right.$	81 145 82 57 61 51 81 92	6 12 5 3 4 6 4 7	7:4 8:3 6:0 5:3 6:9 11:7 4:9 7:6
Puerperal Fever	$ \begin{bmatrix} 1892 \\ 1893 \\ 1894 \\ 1895 \\ 1896 \\ 1897 \\ 1898 \\ 1899 \end{bmatrix} $	4 10 4 6 9 13 8 11	5 5 	125* 50

^{*} Notification of eases evidently incomplete.

SMALL POX.

Brighton has happily maintained its immunity during 1899 from cases of Small Pox. The continuance of freedom from a serious outbreak of this disease depends upon three factors: (a) the amount of Small Pox in other parts of the country, particularly London; (b) the prompt recognition of any accidentally imported case and its early isolation. I have repeatedly intimated to the medical practitioners my readiness and anxiety to see every suspicious case, and it

is I believe largely owing to the promptitude on their part to recognize the possibility of small pox that we owe our favourable record during the past 14 years. (c) The state of vaccination of the community.

It will be within the recollection of the Town Council that we are prohibited by the regulations of the Local Government Board from treating Small Pox on the present Sanatorium site. We have not yet secured a permanent site for the Small Pox Hospital. In view of the possibility of an emergency, in December I advised the Committee to purchase three Berthon huts at £50 each, which could be erected in a few hours on any site. This has been done early in 1900.

ENTERIC OR TYPHOID FEVER.

The following tabular statement gives the history of cases of Enteric Fever in the Borough, with special reference to the eating of shell-fish.

TABLE XI.

COUNTY BOROUGH OF BRIGHTON.

			y found r, or of ubtful.	ic Fever, ch was districts.	No. of ca	ases appar the town	cently ori	ginating	equired in storing of	igin.
Y	EAR.		No. of cases subsequently found not to be Enteric Fever, or or which the nature was doubtful.	No. of cases of Enteric Fever the infection of which was imported from other districts	(a) it was stated that no oysters or other shell fish had been eaten.	(b) it was doubtful as to whether shell fish had been eaten.	(c) origin was directly ascribable to oysters.	(d) origin was directly ascribable to other shell fish,	Infection probably acquired connection with the storing shell fish.	Total cases of local origin.
1893 (Mid-	1	16	19	6	6*	_		31
1894	• • •		15	15	33	1	16	5		55
1895		•••	12	19	37	_	7†	12		56
1896	•••	•••	7+3	18	61	2	22‡	8	1	94
1897		• • •	7+3	15	47	11	11†	16	3	88
1898			16	15	54	9	28§	13		98
1899	•••	•••	15	30	56	20	44‡	8	-	137

^{*} No secondary cases.

As the following report summarises the history of last year as regards Enteric Fever, it is introduced here.

[†] Including one secondary case.

¹ Including two secondary cases.

[§] Including five secondary cases.

[#] Including seven secondary cases.

Town Hall, Brighton.

January 11th. 1900.

To the Sanitary Committee.

GENTLEMEN,—During the past year, 137 cases out of a total of 182 cases of Typhoid Fever notified in Brighton, were of local origin. Of these 137, 52 or 37'2 per cent. were, in my opinion, caused by sewage-contaminated oysters or mussels, 44 cases being caused by oysters and 8 by mussels.

The circumstances of the past year have been peculiarly favourable to the occurrence of an excessive number of cases of Typhoid Fever, the weather being both dry and hot, and commencing to be so early in the year, and continuing so more or less through its whole course. The number of cases of local origin in each month was as follows:—

					1899.			
		Total ni Typhoid orig		of loca		Typhoid	umber of cas Fever cause rs or mussels	d by
January			I 2			• • •	8	
February			5				3	
March			4			• • •	0	
April		• • •	6				4	
May		• • •	13				8	
June		• • •	16	• • •			6	
July			2 I				IO	
August			I 2				I	
September		• • •	15	• • •			I	
October			17			. •	3	
November			ΙI				5	
December	• • •	•••	5	• • •	• • •		3	
			137				52	

It will be noticed that the number of cases ascribable to oysters and mussels, shewed a remarkable decrease from August onward during the autumn months, when one naturally expects Typhoid Fever, especially Typhoid Fever due to this cause, to be in great excess.

This is shewn more clearly by the following table, in which the number of cases in the first seven months of the year and in the last five months, are stated as an annual rate per 100,000 of the total population, 1898 being contrasted with 1899.

Annual case-rate per 100,000 persons living in Brighton from Typhoid Fever originating in the town.

	Oyster a	Mussel		due to uses.
	1898.	1899.	1898.	1899.
First Seven Months	 35.0	 54'3	 22.4	 52.8
Last Five Months	 31.4	 25.3	 54.6	 65.4

It will be noted that while during 1898 the oyster case-rate in the last five months was only slightly less than that of the first seven months; in 1899 it was less than half of that during the first seven months of the year. Among the cases of local origin due to other causes than oysters and mussels, the incidence of Typhoid Fever was higher in both portions of the year than in the corresponding portions of 1898. The chief explanation of this remarkable change is, in my opinion, to be found in the posters issued by your order, which were first posted in the week following August 16th, and which, I believe, lead to a very great diminution in the consumption of oysters and mussels derived from layings contaminated with sewage.*

Although this result is satisfactory so far as it goes, it still remains true that 52 cases of Typhoid Fever during the last year (13 since the issue of the posters) were caused by contaminated oysters and mussels. Furthermore, there is every probability that the effect of the poster will wear off in the public mind. It is necessary, therefore, in my opinion, that further steps should be taken to protect the public against the consumption of oysters and mussels contaminated by sewage.

It will be remembered that in consequence of the efforts made by the Brighton Town Council, a deputation representing many of the great towns waited upon the President of the Local Government Board on March 30th of last year. The deputation was favourably received by the President, who promised legislation on the subject. In accordance with this promise, a Bill was introduced and subsequently referred to a Committee of the House of Lords, before whom the Town Clerk and myself gave evidence. This Committee, unfortunately, decided not to place responsibility for the administration of the proposed Act in the hands of the County Councils, a decision which led to the President of the Local Government Board withdrawing his Bill. Matters now stand at that stage, and it is very desirable that pressure should be brought to bear upon the Government to urge them to re-introduce that Bill.

With this object in view, I recommend that a petition be addressed to the Local Government Board, and that the London County Council and the Corporation of the City of London and the great towns, should be approached and asked to support this petition. It is desirable that the words "mussels and other shell-fish" be added to the Bill, as the evils connected with shell-fish are by no means confined to oysters.

Yours obediently,

ARTHUR NEWSHOLME,

Medical Officer of Health.

On the 19th February, in answer to a question by Mr. Loder, M.P., the President of the Local Government Board gave the following unsatisfactory answer:—"Since the publication of Dr. Bulstrode's report, and since legislation was proposed on the subject, there is no doubt that a great deal has been done to remove the evils complained of, and it is alleged that further improvement is still in progress.

The places complained of are comparatively few, and I am awaiting the Inspector's report before deciding whether reintroduction of the Bill is necessary and desirable or not."

^{*}See page 69 for text of this poster.

TABLE XII.

All Ages.	123,225	182	814	199		1.5	9.9	5.4	13.7		ō.6
65 and 4	7,147	manana	1	7			i	Ţ.	1		nil
55.	7,763	C)		7		ಕು	Ţ	-	nil	(09)	nil
45-	11,336	11	!	6	-	1.0	1	ŵ	27:3	nil	(111.1)
35	15,280	5	1-	21		1.4	j.	1:4	14.3	lin	lin
25 -	19,593	44	87	45		6.6	1.4	50.00	13.6	nil	(5.5)
20—	11,708	33	53	86		15.7	20.00	Ť.6	8.6	lin	nil
15—	12,446	53	61	55		60	3.4	4.5	20.7	lin	nil
10—	12,446	55	169	95		1.8	13.7	17.17	9.1	lin	3.5
- rG	12,816	Ť.	328	243		1.1	25.7	19.1	nil	0.3	2.4
Under 5.	12,690	~	210	169		9.	9.91	13.3	(25)	3.8	25.4
Ages	Estimated Population, 1899	Enteric Fever	Scarlet Fever	Diphtheria		Enteric Fever	Scarlet Fever	Diphtheria	Enteric Fever	Scarlet Fever	Diphtheria
Ag	Estimated Pop	No of	Cases)		No. of Cases	per 1000 of Estimated	Population.	Doc41.	100 Persons	Townson.

(The rates based on too small a number of cases to be trustworthy, are enclosed in brackets.)

In the preceding table the age-incidence of cases of the three chief infectious diseases is given. There is a marked difference between the three. The greatest number of cases in proportion to the number living, occurs at the ages 15 to 35 for Typhoid Fever, while both in Scarlet Fever and Diphtheria, more of the stricken are aged 5-10 than any other age. It is not simply that the majority of children suffer from Scarlet Fever and Diphtheria when under 10 years of age and are then rendered immune for the rest of their lives. Even among children who have not suffered from these diseases at earlier ages, the liability to attack steadily diminishes with each advancing year of life. When to this is added the significance of the facts in Table XII. as to fatality (per 100 persons attacked) at different ages, the importance of protecting children, especially those under 10, from attacks of Diphtheria and Scarlet Fever becomes obvious. Of children under five years of age, one out of every four attacked with Diphtheria died, while at ages 5-10 only one out of every 17; at ages 10-15 only one out of every 31; and after this age very few attacks were fatal.

Scarlet Fever has become of late years a much milder complaint. How much of this is due to the greatly increased use of isolation hospitals, and how much to an amelioration in the natural type of disease may be matter of dispute; but it still remains true that its chief fatality is at the ages under five, when one out of 28 attacked die, while at ages 5-10 only one out of 333 attacked; and at subsequent ages practically no deaths. All these facts point to the importance of protecting children under five from exposure to infection. Chief among such means of infection is the attendance of children in the infants' class at school long before the age at which compulsory school attendance begins. If any great educational advantage were associated with the attendance at school of children, from three to five years of age, a case might possibly be made out for the continuance of what now means a heavy annual death-toll.

I am prepared to admit that the advantages of elementary education are so great as to render the sacrifice of life or of health for a minority, a public necessity. The only point is to ensure by proper precautions that this sacrifice shall be the least possible. But in the case of infants under five years of age, it does not appear to me that there is any educational advantage at all commensurate with the present loss of life caused by such attendance in infant schools.

SCARLET FEVER.

A reference to Table IX. will show that the death-rate from this disease was only 8 per 100,000 of the population, which was much lower than it has usually been since 1869, the first year given in the table. In 1870, for instance, the death-rate was 150, and in 1882 it was 83 per 100,000 of population. It might reasonably be concluded from the above figures that last year was marked by only slight prevalence of this disease. Unfortunately this was not so. The number of cases notified was greater than in any preceding year since 1892, when the Notification Act was adopted (see Table X.). The fact is that the type of this

disease has become so attenuated that in a considerable number of cases no doctor is called in, or he is called in for what looks like an ordinary sore throat, no rash being noticed, and consequently infection is undetected and spreads with great facility. This has been our main difficulty in combating this disease during the past year. Over and over again unrecognized cases, some attending school, have caused outbreaks of disease, thus entailing great expense upon the town (see page 67). Although this, from the standpoint of preventive medicine, creates new difficulties, the low case-mortality from this disease is on the whole a subject for congratulation. Table XII. shews that at all ages it only kills 1.2 per cent. of those attacked by it. For further remarks on this subject see page 23.

The exact extent to which the Sanatorium is used for scarlet fever patients can now be gauged for several years, as well as the relative fatality among home treated and hospital-treated patients.

	********	A111.	
	Admissions to Sana-	Case-Mortalit	y, per 100 cases.
Year.	torium per cent. of total cases notified.	Among Patients treated at Home.	Among Patients treated in the Sanatorium.
1891 (from Mar. 1st.	70.0		_
1892	77.7	6.0	2.5
1893	70.6	2.5	1.6
1894	82.2	2.6	1.3
1895	77.4	2.3	2.6
1896	82.6	2.3	2.0*
1897	81.6	3, 3	3.7
1898	82.7	3.1	1.6
1899	85.5	3.7	0.9

TABLE XIII.

DIPHTHERIA.

Similar remarks to those made respecting overlooked cases of Scarlet Fever apply with even greater force to Diphtheria. A large number of cases have escaped detection during the past year, and have been the means of spreading infection by school attendance and otherwise. It is very difficult to impress parents with the idea that what merely looks like a "severe cold" or an "ordinary sore throat" may be a milder but equally communicable form of that dire disease, Diphtheria. Even among medical men it is often considered to be an argument against the diagnosis of Diphtheria that "everything had disappeared from the throat in a couple of days, and the patient shewed no sign of constitutional disturbance." Bacteriological examination proves that many of these mild sore throats are really Diphtheria. During the past year 430 swabs from suspected cases have been examined on behalf of doctors or from throats of patients where no doctor was in attendance, but I had reason to suspect the presence of infection. The general conclusion from the past year's experience

^{*} Including one death after the patient returned home.

is that every sore throat in children must be regarded as infectious and the patient separated from other children, if we are to be successful in keeping Diphtheria under control in years like 1899, in which the wider causes of an epidemic are at work.

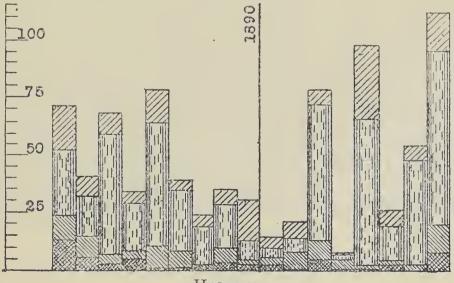
I have elsewhere dwelt in detail (A Treatise on Epidemic Diphtheria from an International Standpoint) upon the wider causes which govern the epidemic prevalence of Diphtheria. It is not a question of defective house drainage, but of personal infection from one to another. Why, however, is personal infection more operative in certain years than in others? Great epidemics of Diphtheria in the past in this country and in European countries and America have always coincided with periods (lasting over several years) of protracted deficiency of rainfall; and the present experience in this country and in Brighton is no exception to the rule. For further remarks shewing the protracted character of the present drought see page 29.

In accordance with the preceding remarks, it is much more difficult in certain years to control the spread of Diphtheria than in others. This is a reason not for diminishing, but for redoubling our efforts; and if everyone, particularly parents, would co-operate with us, a much more rapid diminution of this disease might be secured.

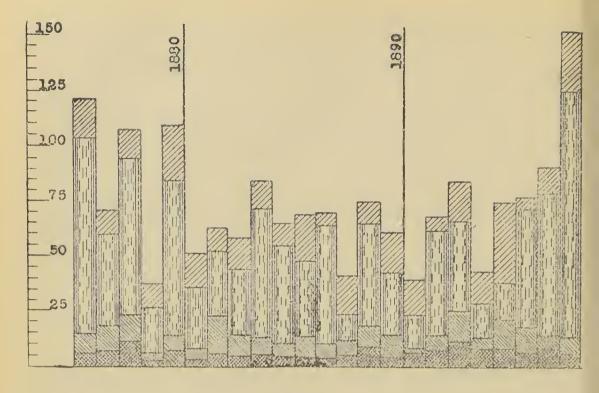
DIARRHŒA.

The mortality from Diarrhœa was exceptionally high last year. One of the main causes of this was the unusually protracted and hot summer (see page 29). The other causes were dealt with in full in my report for the 3rd quarter of 1899, and it is not necessary to repeat what I then said.

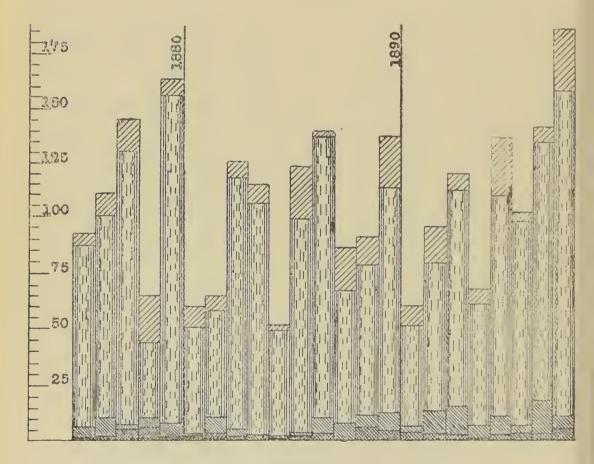
I reproduce from that report the following diagrams illustrating the relative prevalence of the disease in different great towns, varying from Halifax, in which there is least of it, Bristol, in which there is also little of it, Brighton in which the amount is rather greater, to Leicester and Preston, which occupy a supremely bad position in regard to this disease. In each diagram the deaths are stated per 1000 births, as Diarrhæa is chiefly an infantile complaint; and the death-rate for each quarter of the year is separately shewn.



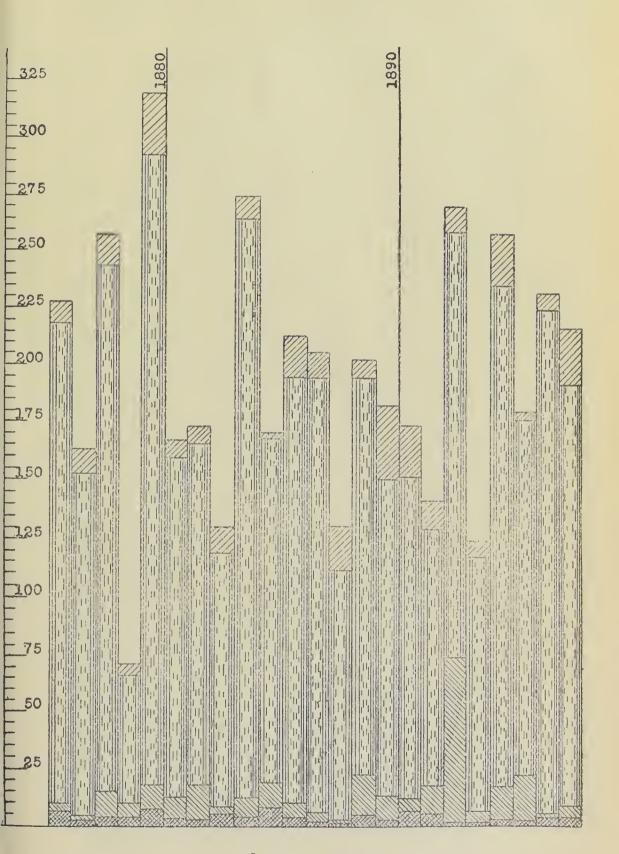
HALIFAX.



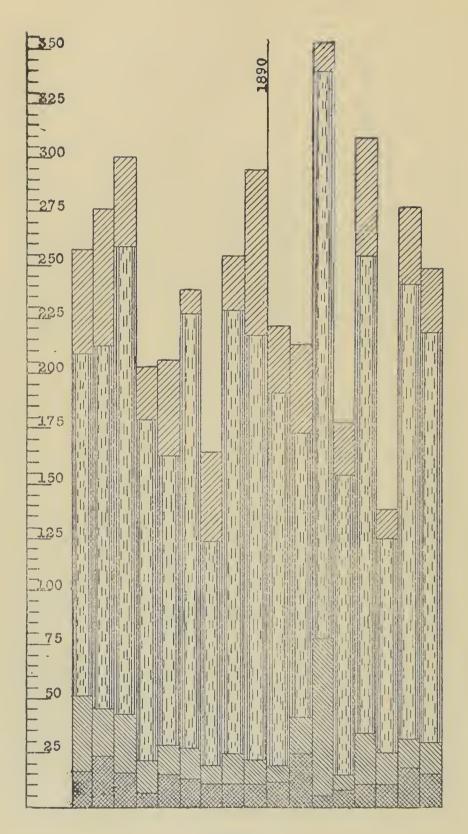
BRISTOL.



BRIGHTON.



LEICESTER.



PRESTON.

METEOROLOGY OF THE YEAR.

The most important meteorological features of each week of 1899 are given in Table XV. The following table summarises the experience of each month.

TABLE XIV.

							Rai	nfall.
	Mean Maximum Temperature.	Deviation from Average of 1877-98.	Mean Minimum Temperature.	Deviation from Average of 1877-98.	Maximum Earth Temperature.	Deviation from Average of 1893-98.	Total.	Deviation from Average of 1877-98.
January February March April May June July August September October November December	48·6 48·9 49·9 53·4 59·2 68·5 72·8 77·1 67·7 61·1 55·0 44·1	$\begin{array}{c} +4.7 \\ +3.6 \\ +1.8 \\ +0.9 \\ -0.9 \\ +2.6 \\ +4.9 \\ +9.2 \\ +2.5 \\ +3.8 \\ +4.4 \\ -2.8 \end{array}$	40·3 38·5 35·1 42·9 45·5 52·8 58·1 59·4 52·6 45·9 45·4 34·3	+5.5 $+1.6$ -1.7 $+1.8$ -0.6 $+0.2$ $+2.7$ $+3.6$ $+1.3$ $+0.1$ $+3.9$ -2.4	48 · 0 46 · 2 46 · 0 50 · 0 54 · 0 60 · 2 65 · 0 65 · 8 65 · 4 	$ \begin{array}{c} +1.0 \\ -0.6 \\ -2.0 \\ -2.0 \\ -1.8 \\ +0.4 \\ +3.2 \\ +2.4 \\ +2.8 \\ -1.6 \\ -0.1 \end{array} $	2·67 2·80 0·61 2·44 1·09 1·04 0·61 0·63 3·25 1·77 4·25 2·31	$\begin{array}{c} -0.01 \\ +0.82 \\ -1.28 \\ +0.65 \\ -0.64 \\ -0.80 \\ -1.81 \\ -1.85 \\ +0.63 \\ -2.86 \\ +0.93 \\ -0.34 \end{array}$

The salient features are the excessively high temperature in the five months July—November inclusive. This, as will be seen, was associated with deficient rainfall. The conditions as to temperature and rainfall were those which are usually associated with a high diarrhœal mortality, and in accordance with this, we suffered very severely from this cause of death. The following further remarks illustrate the accumulated deficiency of rainfall from which we have suffered during recent years.

Official observations have been taken by the Medical Officer of Health from 1877 onwards. The average annual rainfall for the 23 years 1877-99 was 29'19 inches. Since 1887, with the exception of two years, there has been, as shewn in the following table, a continuous deficiency below this average. In the 11 preceding years, the rainfall in three years only was deficient from the average

(viz., 0.27 in. in 1883, 2.83 in 1884, and 0.29 in. in 1888).

Deviation from Average Rainfall (29'19 in.) of 23 years 1877-99.

Year.		Deficiency.		Excess.	Accum	iulated Deficiency.	
1887		7.07				7.07	
1888		1,03				8.10	
1889		1.74	• • •			9.84	
1890		5.28		-		15'42	
1891		—		5.19	• •	10.53	
1892		2.72	• • •	—		12.95	
1893		5.06	• • •	_		18.01	
1894				2.76		15.52	
1895		4.00		-		19.25	
1896		1.32				20.60	
1897		0.07				20.67	
1898	• • •	8.48				29'45	
1899	• • •	5.72	•••			35.12	

Vo. of hours of bright.

fall.		оэ 4ипошА Дэпі пі	0.52 0.67 0.07 0.05 0.18 0.18 0.18 0.19 0.20 0.10
Rainfall.	noinw no	No. of days of nisr	41000101010 - 10410044 1001 10
	0	.mkD	
		.W.N	
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	No. of days of	.W.S	c1444 c1 10 431 31 400 4 1
Wind	of da	·S	
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		E.	
		N.E.	
		.N	- c1 to c1 to 4 - - -
pera- f soil	during week at a depth of four feet.	Lowest.	74444444444444444444444444444444444444
Tempera-	during week at a depth of four feet	Highest.	84444444444444444444444444444444444444
nre	eek.	Mean.	#44488444444884444884988888 #77408844444888844488888888 9999888991144988844488
Temperature of air	during week.	Lowest.	888889188489188891884884484446 4000000000000000000000000000000000
Ten	duri	.tsədgiH	10 00 00 00 00 00 00 00 00 00 00 00 00 0
	.si	sidthd T	01-40-6040100001 464004-4-
week from	Bulbaling umomia.	Pneumonia, i Broncho-Pne	© © 4 01 − © − − 01 − 4 0 01 + − 4 © 01 − −
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aths		Fever	
f De	Cough.	SaidoodW	σ σ μ σ μ μ μ μ μ μ μ μ μ μ
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Number of Deaths during the	ever.	Searlet I	-
	Measies		
00	te per 1,00 mmmn.		10111111111111111111111111111111111111
	1899. Week	ending	Jan. 7 Feb. 28 Feb. 4 Nar. 4 Nar. 25 Nay 6 June 3 11 12 12 13 14 15 16 16 17 16 17 18 19 19 10 1

13.58 15.75 1.75 1.75 39.17 1.8.41 6.00 6.00 15.91 15.00 15.91 15.00 15.92 17.59 17.59 17.50 17.

0	onin.		59 99 99 99 99 99 99 99 99 99 99 99 99 9	2104.09
ddgi		No. of hour		
Rainfall.	lected s.	loo tanomA siloni ni	0.56 0.50	23.42
Rai	n which	o synd for on leading of the order	## ## ## ## ## ## ## ## ## ## ## ## ##	133
		Calm.		39
		.W.N		36
		.W.	61 - 61 4 - 01 01 -	44
	days of	.W.S	- 4 - 61 - 61 -	58
Vind	of da	'S		32
	No. 0	S.E.	1	16
ш		E.	- m 4 m 01 m m 00	43
ш		N.E.		51
ш		N.	-01	45
era- f soil	at a h of feet.	Lowest.	659 610 610 610 610 610 610 610 610	42.2
Tempera-	during week at a depth of four feet.	Highest.	60.2 59. 61.0 60.6 62.2 60.6 64.0 62.9 65.4 64.9 65.6 65.4 65.6 65.4 65.6 65.0 65.6 65.0 65.6 65.0 65.6 65.0 65.6 65.0 65.6 65.0 65.6 65.0 65.6 65.0 65.6 65.0 65.6 65.0 65.7 65.0 65.8 65.0 65.9 65.0 65.9 65.0 65.0 65.0 6	8.99
	ek.	Mean.	66 66 68 68 68 68 68 68 68 68 68 68 68 6	52.4
remperature of air	during week.	Lowest.	1222222244 00000000000000000000000000000	23.2
Tem	duri	Highest.	774777888877777997979797979999999999999	89.4
	*5	sisidad	#P014+#\$P-1770170 4###701010004P#00	180
Number of Deaths during the week from		Pneumonia, in Broncho-Pneu	14	119
wee	,si	didonora	01 02 4 01	211
g the	.1	sznsufinl		96
lurin	.1	emirrisia.	9 11 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	191
ths c		Fever.	2 - - 3 4 - - -	25
f Dea	ough.	O gniqoodW		19
oer of	ia.	Diphther		62
Numl	7.6T	Scarlet Fe		10
	Measles.			-
0	Death-rate per 1,000 per annum.		44676688888889877777799999888 \$01667888889877777799999888	
	1899.	Week	July 1 July 1 Aug. 29 Sept. 2 Sept. 2 Nov. 4 Dec. 29 1.1. Nov. 4 1.2. 1.3.	

DEATHS FROM TUBERCULAR DISEASES.

Mean Annual Death-Rate in Brighton from Phthisis (Consumption) and other Tubercular Diseases per 100,000 Persons in Groups of Years.

			Phthisis.	Other Tubercular Diseases.
Ten years, 1861-70	•••		 295	98
Ten years, 1871-80		• • •	 247	78
Three years, 1881-83			 193	?
Three years, 1884-86			 169	?
Four years, 1887-90			 169	9
Four years, 1891-94			 150	82
Four years, 1895-98			 149	63
1899			 146	28

The preceding table shews great improvement in mortality from this group of tubercular diseases, particularly those of other parts of the body than the lungs. This is in accordance with what is stated to me by the Surgeons at the Children's Hospital, who state that Tubercular Diseases of the glands and joints are becoming much less prevalent.

Tuberculosis is due to infection by the *tubercle vacillus* introduced from without, via the lungs or alimentary canal. Many doubtless receive the infection in whom it does not take root, the constitutional condition being unfavourable. There is no doubt that a considerable share of the improvement shewn above is due to the improved conditions as to food, clothing and housing, which have become so general as to reach, to a certain extent, to the poorer classes. There is, however, a large amount of tubercular disease still in the community. Last year it caused 149 deaths in Brighton to every 100 caused by the chief zymotic diseases, excluding Diarrhea. It would be folly, therefore, to relax efforts to stop this terrible leakage of life. Our efforts are directed in two channels:—(a) To improve the conditions under which the people, and particularly the poor, live; (b) To prevent the infective material entering the system, either by the lungs or stomach. It is clear that, however strongly a person may be predisposed to Consumption, he will not develope it unless he receives the seeds of disease. Actual inheritance of these seeds is so infinitesimally rare that it may be neglected.

So far as infection by the alimentary canal is concerned, milk is the most important medium. In October, 1898, it was decided to invite tenders for the supply of milk to the Borough Sanatorium under the following conditions:—

- 1. That the Contractor shall furnish to the Medical Officer of Health certificates from a qualified veterinary surgeon to the effect that
 - (a) The cows from which the milk supply is obtained have been subjected to and failed to re-act to the Tuberculin test.

- (b) That all re-acting animals have been removed from the byres, and the latter cleansed and disinfected.
- (c) That all new cows, purchased from time to time during the period of the contract, have been similarly tested.
- 2. That the Contractor shall not supply milk from any other source than the one defined above, without the special permission of the Medical Officer of Health.

A tender was accepted at 1s. 4d. per gallon, and was satisfactorily carried out for a year, when it was renewed at the price of 1s. per gallon. The Committee of the Children's Hospital have, I believe, milk supplied to them under a similar contract; the Sussex County Hospital and Workhouse have not yet adopted the above condition, though I believe they are favourably inclined.

There are as yet only two or three dairymen in Brighton supplying milk from guaranteed cows. I am confident that in a few years dairymen will see that it is to their interest to insist on this condition in their milk contracts. the meantime the public should boil all their milk, particularly such milk as is intended for delicate children. Meat from consumptive animals is probably a less common cause of tubercular disease, though few would willingly eat such meat. During last year 1 bull, 10 cows and 114 parts of beasts, as well as 13 whole pigs and 26 parts of pigs, were condemned owing to tuberculosis. The main source of infection in Phthisis is undoubtedly the expectoration of patients. which has become dried on the floor, or on pocket-handkerchiefs, &c., and is subsequently inhaled with the fine dust which is constantly being raised by movements in occupied rooms. This is the source of infection with which we are now attempting to cope more effectively. On the 9th of January, I submitted to you a form of letter which I proposed to send to the medical officers of public institutions, and to the parochial medical officers, inviting their voluntary co-operation in notifying cases of Phthisis, and a form of card of instructions which it was proposed to leave with patients. I have to thank most cordially the doctors who very kindly notified cases to me during the following seven months, thus enabling me to carry out a large amount of useful work.

Later in the year I was authorized to send out the following circular letter, after presenting to you a report on the work of the preceding seven months, which was printed as an appendix to my report for the second quarter of 1899.

Town Hall, Brighton,

August 21st, 1899.

DEAR SIR.

During the past seven months a number of medical practitioners have very kindly notified to me cases of Phthisis occurring in their practice as physicians at the Sussex County and Children's Hospitals, or as medical officers of the Brighton and Hove Dispensary, Parochial Medical Officers, &c. This has

enabled me, as will be gathered from the accompanying report, to secure the removal of a considerable number of insanitary house conditions in phthisical houses, and to leave at each house a copy of the enclosed card, stating the simple precautionary measures which are desirable in cases of Phthisis.

It has been felt by me that such notifications, although completely voluntary, should be placed on the same basis as regards payment that holds good for notifications under the Infectious Disease (Notification) Act; and the Town Council have now agreed to this for an experimental period, of the termination of which due notice will be given you, in the event of its being decided not to continue the experiment.

I beg therefore to invite you to co-operate with me in notifying cases of Phthisis occurring in your practice, where in your opinion public good can be achieved by such notification. I may remind you that even though in the individual case under your care no further precautions and no sanitary improvements are required, the official knowledge of your case may direct my attention to "infected areas," and possibly be the means of facilitating important sanitary reforms.

There will, I need hardly say, be no official interference, as the result of the notification, with your patient, either at home or in connection with his occupation, the steps taken being confined to a sanitary inspection of the house and leaving a copy of the card.

Trusting you will be able to co-operate in this work,

I am,

Yours obediently,

ARTHUR NEWSHOLME,
Medical Officer of Health.

This circular letter was only sent to those practitioners who were engaged in part in practice in which there was a likelihood that the co-operation of my department would be most beneficial, *i.e.*, among the poor. I think the time is now ripe for sending it out to all practitioners, leaving to them the selection of cases to be notified, if they wish to make any selection.

The first notification received under the system of voluntary payment was on September 11th, and up to the end of the year 44 such notifications had been received. The fees payable for these notifications were 15 at 2s. 6d. and 29 at 1s. It is clear that the majority of the cases notified were in hospitals or dispensary practice, and I anticipate that the greatest good from notification will occur in this class of practice. Three duplicate notifications were received.

After notification, each patient's house was visited, and a card containing the following instructions was left:—

PRECAUTIONS FOR CONSUMPTIVE PERSONS.

Consumption is, to a limited extent, a contagious disease. It is spread chiefly by inhaling the expectoration (spit) of patients which has been allowed to become dry and float about the room as dust.

Do not spit except into receptacles, the contents of which are to be destroyed before they become dry. If this simple precaution be taken, there is practically no danger of infection. The breath of consumptive persons is not directly infectious.

The following detailed rules will be found useful, both to the consumptive and to his friends:

- 1.—Expectoration indoors should be received into small paper bags or pieces of paper and burnt immediately afterwards.
- 2.—Expectoration out of doors should be received into a suitable bottle, to be afterwards washed out with *boiling water*; or into a small paper handkerchief, which should be afterwards burnt.
- 3.—If ordinary handkerchiefs are ever used for expectoration they should be put into boiling water before they have time to become dry, or into a solution of a disinfectant, as directed by the doctor.
- 4.—Wet cleansing of rooms, particularly of bedrooms occupied by sick persons, should be substituted for "dusting" and sweeping.
- 5.—Sunlight, good food and fresh air are the most important means of preventing and curing consumption. Every patient should sleep with his bedroom window open top and bottom, a screen being arranged, if necessary, to prevent direct draught. The patient need not fear going out of doors in any weather, if warmly clad.
- N.B.—The patient *himself* is the *greatest gainer* by the above precautions, as his recovery is retarded and frequently prevented by renewed infection derived from his own expectoration.
- 6.—Persons in good health have little reason to fear the infection of consumption. Over-fatigue, intemperance, bad air, dusty occupations and dirty, ill-ventilated and badly (sun) lighted rooms favour it.

An inspection of each house was made as to structural defects, and more particularly as to cleanliness, stripping wall-papers and whitewashing being ordered in a large number of instances.

A large number of Japanese paper handkerchiefs were also distributed to phthisical patients. These were obtained at the price of 8s. 6d. per 1,000, and were cut in half before distribution. They are frequently sent for again by such patients, who appreciate their value.

During 1899, the deaths from Consumption numbered 180. In 175 of these it was found practicable to make inquiries into the history and environment of the deceased. There was clear evidence that in at least 20 out of the 175, or

to live in Brighton. In not a few cases death occurred within a few weeks after the patient came to Brighton. Such sending patients to the seaside in the last stages of disease is to be deprecated from the standpoint both of the patient and the town.

Of the 20 cases in which a definite history was obtainable, four had lived less than 1 month in Brighton at the time of their decease, one arriving a day, and one a week before death; five between 1 and 3 months; five between 3 and 6 months; three between 6 and 12 months. In the remaining three the symptoms dated from a period previous to settling in Brighton. It will be noted that this statement is necessarily incomplete. In five cases no inquiry was practicable, the majority of these being temporary residents in the town.

The line of procedure adopted after deaths from Consumption is as follows: Immediately the death return is received, the following circular letter is sent:—

Public Health Department, Town Hall, Brighton,

1900.

DEAR SIR OR MADAM,

In connection with the death from Consumption (Phthisis) registered as having occurred at No.

attention to the important fact that Consumption is chiefly communicated from one person to another by inhaling the dust of the room occupied or previously occupied by the patient. Hence, it is most important that the house should be thoroughly cleansed, and all trace of dust removed, wet cloths being used for this purpose.

I beg to advise you that the following works are necessary in order to prevent the risk of similar cases arising in the house, viz.:—

- 1.—Strip the wall-paper off the wall. The paper should afterwards be burnt in the fireplace of the same room.
 - N.B.—The chief danger is from Dust. Hence all articles should be thoroughly wetted before cleansing them. A supply of disinfectant for mixing with the water can be obtained free of cost at the above office, at the Town Hall; but a disinfectant is not essential if everything is thoroughly wetted.
- 2.—Thoroughly wash the floors, walls, ceiling, and all the woodwork (including picture-frames) of the room.
- 3.—Wash all bed and body-linen and other washable articles in the room, and expose all personal apparel, bedding, pillows, &c., out of doors for several hours in bright sunshine.

Yours obediently,

ARTHUR NEWSHOLME,

Medical Officer of Health.

This plan is found preferable to a visit at the house of the deceased before the funeral, which was apt to give pain to relatives. On the other hand, postponing all directions until after the funeral meant that such cleansing measures as the occupier of the house thought desirable had already been carried out, and if these were not so thorough as was necessary, it became difficult to ensure further cleansing. Now when a visit is made after the funeral it is found almost without exception that the measures detailed in the above circular letter have been thoroughly carried out; and the inspector need only concern himself with an investigation of the history of the deceased and of the structural sanitary condition of the house.

SYPHILIS.

During 1899 the deaths of eight male and ten female infants under one year of age were returned as due to this cause, also of one man. returns under this head are immensely understated, immorality causing a great amount of this disease, which lurks in the system for years, and is probably, next to alcoholism, the most fertile cause of ill-health and of death in our midst. Many diseases occurring under other heads, as diseases of the brain and spinal cord, and of various other organs, are really due either to alcoholism or syphilis, although these are not mentioned in the death certificates. Syphilis (great pox) is a contagious disease just as much as is small pox, though it is spread almost solely as the result of immorality. One of its most painful features is the transmission of the disease to the innocent offspring, as in the above eighteen fatal cases among infants. It can only be diminished by the active enforce. ment of all preventive measures against known immorality, and by the treatment and, where practicable, the segregation of men and women who have become infected. Such segregation is probably only practicable at present in the case of bodies of men, as in a regiment of soldiers.

ALCOHOLISM.

During 1899, 29 deaths were returned as caused by alcoholism or delirium tremens. Of these, 22 were men and seven women, and only three were over 60 years of age. The deaths do not represent more than a very minute proportion of the mortality really caused by alcoholism. As a rule, the real cause is concealed behind such headings as disease of the brain or spinal cord, apoplexy, heart disease, liver disease, hæmatemesis (vomiting of blood), cirrhosis of liver, gout, Bright's disease, which, with many other diseases, are caused to a very large extent by chronic alcoholic excess.

Thirty-two deaths (14 of men and 18 of women) were caused by cirrhosis of the liver, a disease which is almost solely produced by intemperance. Alcohol has been described by a well-known physician as the "genius of degeneration." There is no other agent so competent to hurry on the degenerative changes in the system associated with old age; in other words, alcohol is one of the chief

causes of premature old age. It is not sufficiently recognised that these evil effects are very commonly produced by the systematic indulgence in an amount of alcoholic drinks that would by most be regarded as moderate; and that those who, while never becoming intoxicated, daily take a considerable amount of spirits (especially if taken apart from meals) are much more likely to suffer in health and prematurely break down than the labourer who may get drunk once a fortnight and be a teetotaller in the intervals.

RHEUMATIC FEVER.

During 1899, 11 deaths were caused by this important disease, as compared with 3 in 1898, 4 in 1897, 9 in 1896, 4 in 1895, 9 in 1894, and 6 in 1893. They represent but a small share of the mischief caused by this disease. The case mortality is low, but of those who survive, a large proportion go maimed by the heart disease which has supervened on the rheumatism.

INFLUENZA.

Influenza is an intensely infectious disease. During 1899 the number of deaths ascribed to this disease was 96, being, with the exception of 1892 and 1895, the greatest number since 1890, when, after many years' absence, Influenza began to bulk largely in the death-rate of England.

The number of deaths directly ascribed to Influenza in Brighton since it first appeared in our midst has been as follows:—

No. of Deaths ascribed to Influenza. No. of Deaths from Diseases of the Year. Respiratory Organs. 2nd 3rd 4th Total lst Quarter. Quarter. Quarter. Quarter. for Year. $\frac{23}{71}$

TABLE XVI.

Besides the deaths returned as due to as Influenza, a considerable number returned as caused by chest ailments have Influenza for their primary cause.

The age and sex incidence of Influenza are of some importance, and for this reason the following table is introduced:—

Table XVII.

Deaths from Influenza in Brighton.

	Estimated	Population.	114,814	115,606	116,424	117,833	118,715	119,606	120,419	121,401	122,310	123,227	
		75 and upwards	c1	11	56	C1	1-	27	9	4	ಲ	56	116
		65—75	10	23	41	71	11	87	ಣ	က	4	21	143
		55—65	೯೦	Ξ	30	Ç1	11	81	9	က	5	17	110
		45—55	4	×	18	∞ •-	4	6	_	က	9		72
	eath.	35—45	5	ro	12	10	¢1	4	I	ಣ	ũ		533
	Ages at Death.	25—35	က	ବୀ	6	-	C1	က	1	-	c)	4	28
		15—25	1	C1	ee 	4	4	4	-	_	1	¢1	55
		5-15	[}	-	-	-	~	-		က	ಣ	12
		1—5		7	9		4	ಣ	1	-	1	~	06
		0-1	}	ಲ	ಞ	1	ಣ	9	63	_	က	4	27
	Sex.	Females	18	43	93	17	54	69	10	10	19	56	358
	Se	Males.	وَ	53	99	16	25	38	11	11	14	40	245
	Total	Deaths.	23	71	149	33	49	107	21	21	33	96	603
	Year. 1		1890	1891	1892	1893	1894	1895	9681	1897	1898	1899	Total for 10 years.

It is clear that Influenza claims most of its victims among the old, 61 per cent. of the deaths from this cause occurring at ages over 55. This is one reason why Brighton suffers severely from this disease. Among the old, it lowers the average age at death, preventing death from old age, which it is the desire of most men to attain. Influenza being an intensely communicable disease, abstaining from visiting and from public assemblies while influenza is epidemic, is especially important for the old.

During the year 67 deaths were due to some form of violence. In 139 cases inquests were held, the verdicts returned being as follows:—

1.—NATURAL CAUSES	• • •	•••	• • •		•••	73
2.—SUICIDAL—						
Fall from window	w	• • •	• • •		I	
Poisoning	• • •			• • •	4	
Cutting Throat					2	
Shooting	• • •				2	
Drowning					I	
Hanging		• • •			6	
Strangulation		• • •			I	
					-	17
3.—ACCIDENTAL—						
Suffocated whilst	sleepir	ng with	parent	S	ΙΙ	
Falls		• • •	• • •	• • •	15	
Burns		• • •			5	
Scalds	• • •	• • •	•••	• • •	I	
Blows		• • •	•••		I	
Knocked down	by train		• • •	• • •	I	
Drowning	• • •	• • •		• • •	I	
Inattention at bi	rth	• • •			4	
Administration of	of anæs	thetics		• • •	I	
Poisoning	• • •	• • •		• • •	I	
	•••			• • •	I	
Knocked down	by pony	y and	trap		I	
Suffocated during	-		t, acceler	ated		
by neglect of	of paren	its	•••	•••	I	
4.—OPEN VERDICT—						44
Found drowned	• • •	• • •		•••	• • •	4
5.—Homicidal—						
Cutting throat		• • •	• • •		,	I
3				(73	-	
				То	tal	139

B.—SANITARY WORK OF THE YEAR.

SANITARY INSPECTIONS.

In the following tables, prepared by Mr. Skinner, the Chief Sanitary Inspector, the work of the Sanitary Department is stated, so far as it can be given in tabular form. It will be seen that 8,080 houses were visited in the course of house-to-house inspection, as compared with 9,666 in 1898, and 8,434 in 1897. This, however, does not represent the total number of houses visited during the year. Apart from house-to-house inspection, a large proportion of the time of the inspectors is occupied in attending to complaints received from householders in every part of the town. During last year 1,352 such complaints received attention, as compared with 1,186 in the previous year. In addition, 9,133 visits were made for purposes of investigation and disinfection after cases of infectious disease. In each of these cases it is the practice to take the opportunity of making a sanitary examination of the houses visited. 3,746 visits were made during the year to Slaughter-Houses, 20 to Cowsheds, 396 to Bakehouses, 1,829 to Dairies and Provision Shops. The Common Lodginghouses have received 117 visits. In 97 houses the soil-pipe has been tested by volatile tests; and 516 drains have been opened for examination. For particulars of the work see the table on the next page.

TABLE XVIII.—Inspections during 1899.

	1st Qrtr.	2nd Qrtr.	3rd Qrtr.	4th Qrtr.	Totals for 1899.	Totals for 1898.
Number of Streets Inspected ,, Houses and other Premises	56	77	37	33	203	304
Inspected	1899	2846	1185	2150	8080	9666
Number of Complaints attended to	226	311	464	351	1352	1186
,, Visits to Slaughter Honses	896	1022	980	848	3746	4452
,, Visits to Cowsheds	5	10	3	2	20	63
,, ,, Bakehouses	198	—	198	<u> </u>	396	396
Dairies and Provision	004	107	000	0.13		
Shops	394	461	333	641	1829	1600
Number of Day Visits to Common Lodging-	20	1.5	20	90	00	0-
Houses	$\frac{20}{12}$	$\begin{vmatrix} 15\\8 \end{vmatrix}$	20 8	28	83	$\begin{array}{c} 65 \\ 23 \end{array}$
Visita in perpet of Sielman	1296	1197	1647	1894	6034	6040
Vigita to Unmigrate Prome	357	393	459	567	1776	694
,, Visits to Fundate Rooms Visits for Removal of Bedding	258	303	366	396	1323	651
,, Drains tested by Volatile Test	22	28	28	19	97	136
,, Drains Opened for Examination	134	118	143	121	516	650
,, Visits for Sundry Purposes	1554	1695	1228	1068	5545	6645
,, Visits to look up Notices Served	1669	2223	1590	2325	7807	8364
,, Attendances at Police Court	8	1	0	11	20	34
,, Samples Collected for Analysis	20	6	40	6	72	83
,, Inspections of Stables '	346	348	380	219	1293	1949
,, Wastes of Water reported Letters sent to Schools and Public	23	42	32	23	120	486
	349	213	105	2003	2670	2003
Library	169	169	169	169	676	676
Visits to Selicols	82	91	22	110	305	325
Number of Visits to Offensive Trades			5		5	3
,, Visits under Factory & Workshops						
and Shop Hours Aet	787	853	553	774	2967	2648
Number of Visits for Contagious Diseases						
(Animals) Committee	11		_	10	21	41
Drains flushed	-	22	23	14	59	27
Circulars delivered re Diarrhoa	-	10000			10000	10170
Circulars delivered re Sewage-Contaminated			10000	_	10000	
Oysters			10 dys		10 dys	12 drs
Markets Committee, 1 Inspector Visits to Houses Let in Lodgings	144	99	53	70	366	79
Visits to Houses Let in Lodgings	111	00		, 0	000	10

The Sanitary Inspections enumerated in Table XVII. have been followed by the serving of the notices given in Tables XVIII. and XIX. A very large proportion of the work is done on the strength of verbal recommendations or preliminary "warning" notices.

Table XIX.—Notices served on Occupiers during 1899.

	Warn	ing and Notices.	Verbal	Final 1	Notices.	Total
Nature of Notice.	Number served.	Number complied with before service of final notice.	Number	Number served.	Number complied with.	number of notices
To cleanse and white-wash rooms To clear drain or soil pipe To clear, repair or cleanse closet, or repair flushing apparatus	3	10 0	3 3	4 11	4 11	14 11
or pan To abate other nuisances	169 55	117 38	52 17	55 21	55 21	172 59
To discontinue keeping animals so as to be a nuisance To abate overcrowding To lay on water to closet To abate smoke nuisance	137 71 4 3	77 42 4 3	60 29 0 0	64 36 —	60 36 —	137 78 4 3
Cleanse and white-wash bake- houses Cleanse and white-wash work-	160	153	7	_	_	153
rooms To discontinue to let or occupy	18	14	4	4	4	18
cellar dwellings Cleanse premises and remove all	12	10	2	2	2	12
foul accumulations To provide covered dust bins To repair drain or soil pipe	252 2 1	172 2 1	80 0 0	100	100	272 2 1
Totals	900	643	257	297	293	936
Total of notices served on owners	4530	2424	2106	2361	2134	4558
Total notices served	5430	3067	2363	2658	2427	5494

The increased readiness with which notices are complied with has been continued during 1899, as evidenced by Tables XIX. and XX.

TABLE XX.—Notices served on Owners during 1899.

1	Warn	ing and Notices.	Verbal	Final N	Notices.	
Nature of Notice.	Number served.	Number complied with before service of final notice.			Number complied with.	
To drain into sewer and fill up cesspools To relay drain and fill up cess-	15	7	8	10	9	16
pools To relay drain To repair drain and soil pipe To trap drain To cleanse & whitewash rooms To clear drain or soil pipe To clear, repair or cleanse	3 310 124 123 260 117	2 222 69 73 154 37	1 88 55 50 106 80	2 93 67 51 112 83	91 66 47 104 83	4 313 135 120 258 120
closet, or repair flushing apparatus or pan To repave yard or scullery To pave and drain stables To abate other nuisances To provide covered dust bins To provide premises with a	537 315 3 1649 919	290 177 0 919 404	247 138 3 730 515	268 157 2 826 593	252 141 1 733 519	542 318 1 1652 923
proper water supply To cleanse premises and remove foul accumulations To provide manure receptacles	24 9 39	15 6 11	9 3 28	8 1 30	8 1 28	23 7 39
To fill up underground manure pits To provide W.C. accommodation To lay on water to closet To alter water pipes	31 4 20 7	11 1 9 3	20 3 11 4	26 2 14 2	23 2 10 2	34 3 19 5
To cause waste pipes to discharge into outer air	21	14	7	14	12	26
Totals	4530	2424	2106	2361	2134	4558

TABLE XXI.

Date of Annual R	eport.		Year under Report.	Percentage of notices not complied with at time of issue of Report.				
March 23rd, 1889			1888	20 per cent.				
February 13th, 1890	• • •	• • • •	1889	14, ,,				
March 31st, 1891	• • •	•••	1890 1891	$4 \cdot 3 , \\ 3 \cdot 2 $				
March 16th, 1892 April 21st, 1893	• • •		1892	1.9				
April 13th, 1894			1893	0.8 ,,				
April 15th, 1895			1894	1.3				
June 20th, 1896			1895	0.0 ,,				
April 12th, 1897		• • •	1896	0.4 ,,				
March 14th, 1898	• • •	• • •	1897	0.8 ,,				
March 27th, 1899	•••	•••	1898	1·8 ,, 2·8				
February 26th, 1900	***	•••	1899	2.8 ,,				

No summonses were required during the year for non-compliance with notices to abate nuisances.

COMMON LODGING HOUSES.

Four are at present registered, having accommodation for 167 lodgers One of these (accommodating seven men) is in the Spa Street area. The bye laws have been carried out strictly during the past year.

HOUSES LET IN LODGINGS.

Bye-laws for houses of a rateable value not exceeding £26, and having three families in them if the landlord lives in the house, or two if the landlord does not live in the house, were confirmed by the Local Government Board on 13th July, 1898, and 76 such houses are now on the register. Considerable work has been involved in measuring up the rooms in these houses, but, as in future we shall be in a position to regulate the exact number of persons for each house, and ensure the carrying out of this regulation by means of evening visits, a great evil will be prevented in houses over which hitherto no effective control could be exercised. There has already been a considerable reduction in the number of persons occupying the registered rooms.

HOUSING OF THE WORKING CLASSES ACT-PART I.

The proceedings for the clearing of the Spa Street area, comprising 172 dwelling houses, are slowly advancing, and it may be hoped that during the present year, the area will be cleared and re-housing begun.

HOUSING OF THE WORKING CLASSES ACT.—PART II.

Official representations have been made by me, under Part II. of the above Act during 1899, that the following premises are in a state so dangerous to health as to be unfit for human habitation:—

Situation of Premises.	No. of houses.	Legal proceedings taken.	Result.
Bedford Buildings Tichborne Street Spa Street (No. 77) Marine View Woburn Place Carlton Place Carlton Row John Street Chalk Farm Warwick Street St. James's Court Henry Street Lennox Street			House put into thorough repair. House put into thorough repair. House put into repair. House put into thorough repair. House being put into repair. House being put into repair. House put into thorough repair. House closed. Under consideration. Houses closed. Houses closed. House closed and under repair. Under consideration.

One house (No 90 Spa Street) has been demolished during 1899, the ordinary procedure being taken under Part II. of the above Act. No owner appeared, and there was therefore no opposition to the demolition.

HOUSING OF THE WORKING CLASSES ACT-PART III.

Since the date of my last annual report, progress has been made in erecting Municipal Cottages, on one of the sites presented to the Corporation in 1897. The following statement summarises the steps taken up to the present date.

In 1897, prizes of \pounds 75 and \pounds 25 respectively, were offered for the best designs for cottages. Nine architects competed, the designs being sent in on August 26th, 1897. For various reasons none of the prize designs were ultimately used in the erection of dwellings. Modified plans prepared by the Borough Surveyor were accepted by the Town Council on August 4th, 1899, and the building of the 28 cottages on the Elm Grove site, commenced about September 2nd of last year. The amount of the contract was \pounds 7,195, which sum does not include pavements, roadways, clerk of the works, &c. On the basis of the contract price the cost per house will be \pounds 256 198. 3d.

Each house contains five rooms, of which three are bedrooms. The cubic contents of the rooms are as follows:—

Front	room,	ground-	floor	 	 917	cubic	feet
Kitch	en and	scullery		 	 805	21	22
Front	bedroo	m		 	 1237	"	,,
Back	,,			 	 670	2.3	13
Attic				 	 1354	2.1	,,

Each of the above rooms is 8 ft. 6 in. high, except the attic, which has this height only in a portion of its extent.

Each cottage has a frontage of 15 feet.

Each room is provided with a fireplace, and the windows are large. The staircase has two windows, one on each landing. All partition walls are built in solid brickwork. The drains of the houses are entirely outside, no part passing under the dwellings. Each house has a garden at its rear, 35 feet deep and 14 feet 3 inches wide.

In accordance with the amended Building Bye-laws sanctioned by the Local Government Board, 26th May, 1897,

- (a) The site of each house is entirely covered with cement concrete, 4 in., deep. The subsoil is chalk.
- (b) The roof is boarded and felted under the slates.
- (c) The total height of the external wall of each house not exceeding 35 feet, the walls up to the first floor are $13\frac{1}{2}$ in. brickwork, and 9 in. above that.

A dormer window in the roof gives light and ventilation to the large and commodious attic bedroom, a fireplace also being provided in it.

The electric tramway which will be constructed as soon as Parliamentary powers are obtained, will pass close to the new houses.

Time of repayment of Loan. After great difficulty the consent of the Local Government Board was obtained on June 26th, 1899, to an extension of the time for repayment of the loan on the cost of building the houses from 30 to 40 years. This is an important concession, as a rental for instance of 8s. will be reduced to 7s. 2d. on the strength of this concession alone. The Local Government Board at first refused on the ground that the Corporation had not purchased the site.

STREET SANITATION.

Decomposing organic filth being the cause of epidemic diarrhœa, the paving of back-yards and the improved removal of house refuse do not exhaust the preventive measures which the Town Council can take. There is ample room for improvement in street scavenging, especially in the poorer streets of the town. In March, 1898, I reported to the Works Committee on the excess of the diarrhœal death-rate in certain streets of the town. The inhabitants of these streets often throw slops into them and wash their fish-carts in them, with the result that the macadam becomes sodden with offensive material, producing dangerous effluvia in hot weather. I recommended some form of tar paving for such streets. When there is little or no through traffic, and no hill, smooth granite setts might be used and would last indefinitely; both of these pavings are capable of being washed. With macadam, on the other hand, the instinct of the road surveyor appears to be necessarily antagonistic to that of the

sanitarian. The former fears to wash or scrape off detritus, while to the latter this appears to be sanitarily indispensable. For this reason macadam in narrow crowded streets stands condemned. I sincerely hope that it will be found practicable ere long to make an impervious paving for all the back streets of the town, in which the gradients do not render this impracticable. Until this is done, as well as an improvement in the removal of house refuse ensured, the Local Authorlty cannot be said to have done everything practicable to ensure *Municipal cleanliness*, which, just as much as personal and *domestic cleanliness* (of food and dwelling), is necessary in order to reduce the amount of diarrhea to its minimum.

The Works Committee have considered the question of tar paving, as the result of preceding reports from your Committee to them, and the following streets have been satisfactorily paved during 1899:—

Claremont Row, Dorset Street, Carlton Place.

During the early part of 1900, a few more streets have been tar-paved, and I hope, and have reason to believe, that before next summer the following streets, which were specially indicated in my report to the Works Committee of December 22nd, 1899, as requiring this treatment, will be carried out:—

Riding School Lane, Regent Row and passage, Woburn Place, Paradise Street, Essex Place, Crescent Cottages, Russell Place, Kent's Court, Chalk Farm and Sussex Place, Edwin Place and Cottages, Little Russell Street, Blucher Place, Ivory Place, Albion Cottages.

I have not dealt specially upon the importance of cleansing out street gully tanks, of more frequently washing the street channels, of seeing that all cab ranks are maintained in a sanitary condition. These are important matters of detail, all coming under the heading of street sanitation.

Wood Paving. A great improvement has been effected in the sanitary condition of East Street, New Road, Western Road, &c., by the substitution of wood paving for macadam. On the 26th January, 1899, I presented a report to the Works Committee on the relative merits of wood paving and macadam for streets in which there is a large amount of traffic, in which the opinions of the Medical Officers of Health for the Strand, St. George, Hanover Square, St. James, Westminster, Marylebone, and St. Pancras were quoted, all of these being of opinion that wood was more sanitary than macadam, one stating his strong preference for limmer asphalte.

REMOVAL OF HOUSE REFUSE.

In my report for the third quarter of 1899, I discussed this question in some detail, and made the following recommendations:—

Importance of co-operation between the Scavenging and Sanitary Departments.—I recommend that the Sanitary Committee ask the Works Committee to grant them an interview on the following points:—

1. To arrange for the Scavenging Department and the Sanitary Department to be brought into closer touch and co-operation.

I am not prepared with any scheme for this purpose, but it cannot surpass the ingenuity of the two Committees and their officers to devise a workable scheme which will ensure that the town receives the fullest possible benefit, both financial and sanitary, from the money which it expends upon this most important branch of house sanitation. That can only be secured by active and continuous co-operation between the Scavenging and Sanitary Departments.

- 2. To ask that quick-lime may be carried round with each dust-cart and placed in every wet dustbin after emptying the latter.
- 3. To ask that arrangements may be made for the Sanitary Department to receive immediate information as to
 - (a) All houses in which there is a defective or no dustbin or ashpit.
 - (b) All houses in which, for any reason, the weekly removal of house refuse is not carried out.
- 4. To ask the Works Committee to inaugurate a removal of house refuse twice a week in a section of the town; and in connection with this,
- 5. To consider the advisability of making bye-laws under Sec. 26 (2) of the Public Health Acts Amendment Act, 1890.

(Extract from Report for Third Quarter, 1899.)

A deputation from the Sanitary Committee waited upon the Works Committee, who favourably considered the above recommendations. They decided that the Borough Surveyor be instructed to report at an early date as to the estimated cost of removal of house refuse twice a week. The matter at the time of writing (March 2nd, 1900) rests at that point. I am happy to add that under paragraph 3 of the above report, the Sanitary Department has received valuable information from the Surveyor's (Scavenging) Department. This is clear from the following comparison of the four quarters of last year.

No. of houses reported by Dust Inspector as having defective Dustbins, or without Dustbins.

ıst Quarter		• • •	• • •	• • •	None.
2nd Quarter		• • •	• • •	• • •	39.
3rd Quarter	•••	• • •	• • •	• • •	33.
4th Quarter	• • •		• • •		153.

I hope that before another summer with its incidental and to some extent preventible mortality from Diarrhœa occurs, important steps will have to be taken in the directions indicated above.

REPORTS MADE TO THE BOROUGH SURVEYOR DURING 1899.

Encroachments on open sp.	ace	• • •	 	• • •	17
Houses divided contrary to	Bye-1	aws	 		
Smells from sewer ventila					3
urinals, &c					17
Dangerous structures			 		5

MINIMUM SIZE OF BEDROOMS IN NEW HOUSES.

On November 22nd of last year, I presented the following report:—

Health Department,

Town Hall, Brighton,

November 22nd, 1899.

To the Improvements and Buildings Committee.

Gentlemen,—Some plans for new houses were recently shewn to me which illustrate very strikingly the tendency to cheapen the cost of new dwellings for the labouring classes by diminishing the size of the bedrooms.

Although it is very desirable that dwellings for the poor should be built at a cost which will allow of their being let at a moderate rental, there is a limit below which the contraction of size of the bedrooms means serious injury to the health of prospective tenants. The limit has, in my opinion, been passed in the case of a certain number of new houses, as well as in the plans which were recently submitted to you, but were not passed by you.

I think it is highly desirable that the Town Council should have power to prevent the building of bedrooms which are not large enough for two persons according to the very moderate standard in force for common lodging houses. In other words, no bedroom ought to be passed which the plans shew to contain less than seven hundred cubic feet of air space. The height of bedrooms is already regulated by the Bye-laws, and if an additional Bye-law could be obtained making the minimum size of all bedrooms 700 cubic feet, there would be secured a minimum sufficiency of floor space.

I beg to urge upon you for consideration, the desirability of adopting new Bye-laws.

- 1. To secure the minimum air space for bedrooms mentioned above; and
- 2. To ensure that no bedroom shall be passed in which there is no provision of a fire place.

I am, Gentlemen,

Yours obediently,

ARTHUR NEWSHOLME,

Medical Officer of Health.

The matter was referred to the Town Clerk, Borough Surveyor and myself, to prepare bye-laws, and is at present under consideration.

BAD BUILDING WORK IN NEW HOUSES.

In July I reported as to houses in Roedean Road, which, although only built about two years earlier, had already fallen into a somewhat dilapidated condition, the plaster falling off some of the walls, and outer walls cracking and bulging.

One important defect was that a W.C. had been placed in the upstairs scullery, without any partition, although the plans had specified such a partition.

THE PUBLIC ABATTOIR.

1899 is the fifth complete year of working the Abattoir.

The following statement, supplied by Inspector Cuckney, the Superintendent of the Abattoir, gives the number of animals slaughtered in the public and private slaughter-houses at the Abattoir:—

	In the Public Slaughter-Houses						In the Private Slaughter-Houses				
Year.	Beasts.	Calves.	Sheep.	Lambs.	Pigs.	beasts.	Calves.	Sheep.	Lambs.	Pigs.	Total.
1899 1898 1897 1896 1895	1409 1008 589 333 89	653 503 384 253 95	5650 4114 3077 1549 694	491 458 224 201 113	3560 2645 2442 4134 4182	-6 16 58 187	11 69 69 71	229 1145 990 1231	31 158 201 329	4621 3322 3950 3391 —	16384 12650 12054 11184 6991

During 1899, about three trucks a week, containing cattle, sheep, and pigs have been unloaded at the Abattoir siding, in accordance with the arrangements made in April 1898, with the Railway Company. It still remains true, however, that five-sixths of the animals for the Abattoir, are driven through the streets from the New England Road Cattle Dock to the Abattoir, a distance of over three-quarters of a mile. This arises, as explained in my last annual report, from the fact that certain drovers who contract for bringing animals from the various country markets to the 38 private slaughter-houses in various parts of Brighton, do not separate the animals at the various markets, and consign such as are intended for the Abattoir, directly to it. It is only when this is done, that the Railway Company will deliver at the Abattoir siding. The one thing which would hasten more than anything else, the abolition of the present extremely unsatisfactory state of matters, which is a danger and source of nuisance to all the inhabitants along the line of roads traversed by the driven animals, would be the more rigid and complete enforcement of the Borough Byelaws as to driving cattle through the street, the necessity for which, I venture to press upon your notice.

Unsound Food seized or surrendered during 1899.

Description.	No. of animals.	No. condemned by Magistrate.	No. destroyed by arrange- ment with owner.	Total weight in lbs.
A.—At the Abattoir— Bullocks (whole carcase) ,, (part of carcase) Calves (whole carcase) Sheep (whole carcase) ,, (part of carcase) Pigs (whole carcase) ,, (part of carcase)	161 2 5	— — — — —	6 161 2 5 14 24 526	5114 2086 126 262 33 2870 4364
B.—In the Private Slaughter-houses and Shops— Bullocks (whole carcase) ,, (part of carcase) ,, (part of carcase) Sheep (whole carcase) ,, (part of carcase) ,, (part of carcase) Pigs (whole carcase) ,, (part of carcase)	14 194	1 17 — — — — 13 6	13 177 6 9 9 23 32 —	8391 5757 256 53 531 65 2975
Totals	1044	37	1007	32916

The total amount of meat destroyed in connection with the private slaughter-houses and shops was 18,061 lbs.; at the abattoir 14,855 lbs.

All the above meat was voluntarily surrendered by the butchers after official inspection. In a considerable number of instances the butcher sent for the inspector to view the meat.

UNSOUND FOOD.

Artiele.	If condemned by Magistrate.	If proceedings taken.	Result.
1 bushel of pears 2 rabbits 28 lbs. pork 33 witches or soles 11 Salmon trout	Yes. Yes. Yes. Yes. Yes.	No. Yes. No. Yes. Yes.	Fined 10s, and costs or 14 days. Fined 12s, and costs. Fined 22s, and costs.

SALE OF FOOD AND DRUGS ACT.

Numb	er of samples collected	during	the year	ır 18	99 .			72
,,	" adulterate	ed	• • •	• • •		• •		6
"	prosecutions	• • •	•••			• •	• • •	4
,,	convictions	• • •	• • •	• • •		• •		4
	Aggregate amount of t	fines	•••	£	515	0	0	
	Analyst's fees recovered	ed	• • •	• • •	I	0	0	
				£	G16	0	0	
	Cost of samples	• • •	• • •	;	£o	17	$5\frac{3}{4}$	
	Cost of analyses	• • •	•••	• • •	18	0	0	
	Inspector's salary	•••	•••	• • •	I 2	0	0	
					30	17	$5\frac{3}{4}$	
	Fines and Analyst's fee	ered	• • •	16	0	0		
	Net cost of working the	e Act	•••	£	,14	17	5 3 4	

The samples collected were:—Milk 62, Butter 6, Lard 4. Of the samples of Milk, four were adulterated with added water, 17, 10, 6 and 3 per cent., and 2 were deficient in Butter fat, 20 and 10 per cent.

The Butter and Lard were all genuine.

Four Milk-sellers have been prosecuted during the year, and fines ranging from \pounds 10 to 20s. have been inflicted.

FACTORY AND WORKSHOPS ACTS.

During 1899, 2967 visits had been made; 1,613 of these being inspections, the remainder being for the purpose of serving Notices and affixing forms and the looking up of Notices served.

430 inspections were of Bakehouses.

62 ,, Factories.
286 ,, Workshops employing protected persons.
220 ,, Adult Male Workshops.
232 ,, Domestic Workshops and outworkers.
383 ,, Premises coming under the Shop Hours Act.

During the year 76 Workrooms have been measured up in accordance with Section 1 of the Factory and Workshop Act, 1895, making a total of 800 since the passing of the Act. This requires that there shall be 250 feet of cubic space for each person in a workshop during the day, and 400 feet for each person during overtime. The Act also requires that a notice shall be kept exhibited in each room, stating the number of persons who may be employed. These notices are supplied by us on cards, which can be conveniently hung.

The following defects have been found in the course of Inspector Mills' inspections during the year. Notices to remedy these defects have been well complied with, at the present time only 6 being outstanding:—

Workshops requiring cleansing or	r whitev	washing			• • •	34
" overcrowded ».	• • •					20
,, without proper ventil	ation	• • •				I 2
" damp and dilapidated	ł	• • •			• • •	4
,, without closet accom	modati	on		• • •		5
" without sufficient clos	set acco	ommod	ation			1
,, without separate clos	et acco	mmoda	ition for	r sexes	• • •	1
Bakehouses requiring cleansing of	r white	washing	g			135
Closets with flushing apparatus d	efective	e		• • •	• • •	31
" defective	• • •	• • •	• • •			25
Closet pans foul						47
Closets unventilated	• • •					6
" without water supply						IO
" choked						6
Drinking water cistern foul			• • •			3
Drains defective						I 2
Drained into cesspools						4
Drains ventilators defective						4
" choked						4
" untrapped						14
" traps choked and foul						5
Soil pipes defective		• • •	• • •			18
Paving of yards or laundries defe	ective					14
Without proper dust bin		• • •				36
Waste pipes defective			• • •			14
Animals kept in dirty condition	• • •				• • •	16
Sinks leaky		• • •				4
Yards dirty			• • •	* * *		32
Foul accumulations on premises		• • •				I 2
Roof and rain water pipes defect	tive	• • •	• • •			4
Premises in foul condition	• • •	• • •		••		10
Houses without proper water sup	oply					I
Urinals foul and defective	• • •					20
*Lead workers' workshops withou	t washi	ng con	venienc	es		9
Encroachment on air space		* * *				2
						587

^{*} Circulars left in each case.

During the year H.M. Inspector of Factories has made complaint to me in respect of sanitary defects in 24 workshops and 2 factories. These have all been attended to, and reports made in accordance with the Act to H.M. Inspector. Mr. Pearson, the Inspector for this district, and Inspector Mills have also from time to time exchanged lists of Factories and Workshops inspected during the year, this being very useful in preventing overlapping.

One factory and one workshop have been reported to the Surveyor as employing more than 40 persons on upper floors and without proper means of escape in case of fire.

SHOP HOURS ACT.

Complaints were made in respect of four shops, as to young persons working beyond the 74 hours allowed by the Act, but in each case the time was found to be under the legal amount, or the person employed over the age of 18 years. In these cases the abstract of the Act was not shewn, but they have now been afflixed.

THE USE OF WATER GAS FOR DOMESTIC PURPOSES.

During 1898 I reported as follows on this subject :-

County Borough of Brighton.

REPORT OF THE MEDICAL OFFICER OF HEALTH AS TO THE MANUFACTURE AND USE OF WATER GAS.

Health Department,

Town Hall, Brighton,

March 22nd, 1898.

To the General Purposes Committee of the Brighton Town Council.

Gentlemen,—I beg to report that on receiving your instructions to report upon the circular received from the Departmental Committee of the Home Office, as to the manufacture and use of water-gas, I placed myself in communication with Mr. Cash, the Engineer of the Brighton and Hove Gas Company. From him I have received every possible courtesy, and he has taken considerable time to shew me all the details of the manufacture of coal-gas and of water-gas.

The Brighton and Hove Gas Company began to manufacture water-gas and to mix it with coal-gas in January, 1896, and the practice has been found so economical and efficient that it is likely to be continued and extended. Putting the matter in its simplest form, water-gas is formed by passing steam over red-hot coke. By this means the water becomes decomposed, hydrogen gas and carbon-monoxide being produced.

Thus $H^2O + C = H^2 + CO$ (water) (coke) (hydrogen) (carbon-monoxide). Both hydrogen and carbon-monoxide are destitute of odour. Carbon-monoxide is so poisonous that, according to the best authorities, one half per cent. in the air that is breathed produces rapid poisoning, and the inhalation of one per cent. is quickly fatal. When inhaled in smaller quantities carbon-monoxide produces headache, lassitude, and general malaise, sometimes accompanied by sore-throat. When the inhalation is continued, nausea or even vomiting is apt to follow. The hydrogen may be practically ignored in the problem; it is the effects of the carbon-monoxide that have to be considered.

Water-gas when burnt is almost non-luminous. It is therefore impregnated with hydro-carbons, derived from Russian or American petroleum. The mixture thus produced is very luminous, and by its means the mixture of coal-gas and water-gas can be kept above the 15-candle standard required by the Corporation without difficulty. The use of carburetted water-gas, I was informed, has enabled the Gas Company to remove the extra 2d. per 1,000 cubic feet of gas, which the enforcement of the raising of the standard of luminosity from 14 to 15 candles in January, 1894, had obliged the Gas Company to place on the price.

There appears to be practically no limit to the extent to which carburetted water-gas can be substituted for coal-gas, except the limit imposed by the relative cost of petroleum and of coal, and by the fact that to make the water-gas a certain amount of coke (derived from the manufacture of coal-gas) is required. The proportion of carburetted water-gas to coal-gas, in the future, therefore depends on commercial considerations.

In the last $2\frac{1}{4}$ years, since the manufacture of carburetted water-gas by the Brighton and Hove Gas Company commenced, I was informed that the proportion of carburetted water-gas to coal-gas has never exceeded 40 of the former to 60 of the latter.

Now coal-gas itself contains about 8 per cent. of carbon-monoxide, it may sometimes reach 9 per cent. Carburetted water-gas contains 24 to 28 per cent. of carbon-monoxide, say 25 per cent. It is easy to calculate, therefore, that when the maximum admixture of carburetted water-gas with coal-gas hitherto practised is made, the percentage of carbon-monoxide is 14.8.

The arrangement for checking the amount of admixture of carburetted water-gas with coal-gas at the works are very complete. (a) The amount of petroleum is known; (b) the amount of carburetted water-gas is measured on its way to be mixed with coal-gas; and (c) an actual analysis of the amount of carbon-monoxide in the gas as supplied to the town is made at least weekly.

Carbon-monoxide, as already explained, is an extremely poisonous and dangerous gas. Poisoning by coal-gas is practically poisoning by carbon-monoxide. Such cases have occurred from leaky mains even when gas has not been laid on to the premises, where persons have slept in cellars or arches close to the ground. It is particularly apt to occur when the outside pave-

ment is impervious and the gas is thus directed into the room and escapes into it, owing to the fact that the flooring has not been made impervious to ground air.

The question that arises is whether the danger is materially increased by increasing the percentage of carbon-monoxide from 8 to 14.8, which is apparently the maximum hitherto attained in the Brighton mixture.

I cannot but think that this increase of carbon-monoxide represents a real increase of danger from accidental escapes or from defective fittings. Of course leaky fittings ought not to be allowed, but they are notoriously common. Assuming that the higher proportion of carbon-monoxide is to continue (with a possibility of its becoming still greater in the future), it appears to me highly desirable that the public should be warned of the danger from small escapes of mixed water-gas and coal-gas, and should be informed that many cases of headache, &c., which cannot be otherwise explained may owe their origin to this fact.

It remains to add what is to be said in favour of curburetted water-gas. The sulphur compounds in it before purification are only 4 to 6 grains, as compared with 45 to 50 grains before purification in ordinary coal-gas per 1,000 cubic feet. After purification these figures are reduced to 9 to 12 grains in the mixed gas, as supplied to the public. The proportion of sulphur allowed by the Gas Referees of the London County Council is about 20 grains. Furthermore, there being no naphthalene in carburetted water-gas, the trouble connected with the deposit of this material in gas pipes is obviated.

Although I have not the slightest doubt of the accuracy of the data supplied with perfect frankness by Mr. Cash, it is, I think, desirable that official weekly analyses of coal-gas should be undertaken, so that the Corporation may have a steady record of the amount of carbon-monoxide supplied to the town.

I have only to add that Mr. Cash informed me that the Brighton and Hove Gas Company, in conjunction with other Gas Companies, are prepared to give evidence before the Departmental Committee, and consider that they are in a position to shew that no material increase or danger is incurred by the mixture of water-gas with coal-gas, and that no damage has hitherto resulted from this practice.

I am informed that in the United States of America 80 per cent. of the total gas supplied to the public is carburetted water-gas.

I am, Gentlemen,
Yours obediently,
ARTHUR NEWSHOLME, M.D.,
Medical Officer of Health.

In March, 1899, I presented the following further report on the same subject:—

Health Department,

Town Hall, Brighton,

March 10th, 1899.

To the General Purposes Committee of the Brighton Town Council.

GENTLEMEN,—It will be within your recollection that during the past year you received a communication from the Home Office, asking for information as to the local use of water-gas. Acting on your instructions, I subsequently reported on the subject to you, and my report having been sent up to Whitehall, I was asked to give and gave evidence before the Departmental Committee, then sitting, on this subject.

The report of this Departmental Committee has now been issued, and as it contains matter of serious local importance, it is desirable that your attention should be specially called to it.

Mr. Cash, the Engineer to the Brighton and Hove Gas Company, who also gave evidence before the Committee, stated that the highest admixture hitherto of water-gas with coal-gas at the local works had not exceeded 43 per cent. on any occasion. This would mean that the amount of the extremely poisonous gas, carbonic-oxide, which is the chief constituent of water-gas, had never been more than about 17 per cent. of the total gas supplied.

I have, during the last month or two, made seven or eight analyses of the coal-gas supplied to the Technical School, and have found the recent proportion of carbonic-oxide to vary from 13 to 15 per cent. (as against 7 per cent. in ordinary coal gas).

Mr. Cash made the important statement before the Committee that he would not hesitate "if necessary, to supply pure carburetted water-gas and take the responsibility on the part of the Company," but that he would in this case "give much greater attention to the fittings in the town." He added "in the future we shall use carburetted water-gas to a much larger extent."

The above statements appear to me of very serious importance, as the evidence before the Departmental Committee proves that the danger of poisoning rapidly increases with the increased addition of carbonic-oxide in water-gas. In Massachusetts, the fatal cases have rapidly multiplied since the use of water-gas became general.

The argument on the other side is, that if a gas-light in a bedroom is blown out during the night, or if the gas is accidentally turned on again after the light has been extinguished, a fatal result will equally ensue to those sleeping in the room whether it is coal-gas or this mixed with carburetted water-gas. Thus in Brighton a fatal result, it is stated, would be equally likely to occur with 7 per cent. or 15 per cent. of carbonic-oxide. The very careful experiments made by Dr. Haldane, F.R.S. (as well as American experience) shew that this is quite incorrect. "The danger, in fact" says the report of the Departmental Committee "increases at a much greater ratio than the proportion of carbonic-oxide" and they recommend that at night the proportion of carbonic-oxide in the

public supply should be limited to 12 per cent., or such greater amount as a Central Department may consider desirable.

This conclusion has been unanimously reached after a very exhaustive examination of the evidence given on behalf of the Gas Companies, as well as that from other quarters. It is one of great importance to the public safety in Brighton, as the amount of carbonic-oxide in the mixed gas supplied to Brighton more frequently amounts to 15 per cent., considerably above the limit of comparative safety assigned by the Departmental Committee.

I beg to recommend that negotiations be entered into with the Brighton and Hove Gas Company, asking them whether they cannot undertake that the night supply of coal-gas shall not contain more than 12 per cent. of carbonic-oxide. This is the most essential point arising out of the report of the Departmental Committee.

A number of subsidiary recommendations are made by the Departmental Committee, and if your Committee consider it advisable to approach the Gas Company on the above very important question, it would be well to include some of these minor points in your negotiations with the Company. I have, however, refrained from entering upon them at present, in order that the one essential point may not be overshadowed.

I am, Gentlemen,

Your obedient Servant,

ARTHUR NEWSHOLME.

April 11th, 1899.

This report was forwarded to the Manager of the Brighton and Hove Gas Company, and the following letter received in reply:—

Brighton and Hove General Gas Co., Hove, Brighton,

DEAR SIR,

Water Gas.

Your letter of the 28th of March, together with the report of your Medical Officer of Health, has been laid before my Directors, and I am instructed to inform you that they do not admit the correctness of the inferences drawn by your Medical Officer, from the evidence given before the Departmental Committee. The report of this Committee cannot be taken to be of a conclusive character, but should any statutory provisions result therefrom, the Company

will act in strict conformity with them.

I am, Dear Sir,

Your obedient Servant,

JOSEPH CASH,

F. J. Tillstone, Esq., Town Clerk, Brighton. Engineer and General Manager.

The matter now stands at that stage. It is important that the public should be made aware of the increased danger now associated with leaks from gas pipes and taps. I think also that opportunity should be taken to press on the Government the importance of giving effect to the report of their Departmental Committee.

C.

REPORT ON THE WORK OF THE MUNICIPAL HYGIENIC LABORATORY.

Active work in this laboratory commenced in November, 1897. The work in connection with it has increased to an almost embarrassing extent. Thus in the fourteen months ending with December, 1898, the following number of examinations were made as compared with the number in the twelve months of 1899:—

				1897-8 (14 months).	1899 (12 months.)
Widal-Grüber test fo	or Typhoid Fev	er	•••	164	153
Diagnosis of Pl	phtheria nthisis ther Diseases		•••	414 21 2	2033 47 —

Diphtheria.—The numbers for 1899, particularly under the heading Diphtheria, are exceptionally large. They do not all represent cases of Diphtheria. Of the total 2,033 swabs taken, 1,429 failed to shew the presence of the Klebs-Læffler bacillus. A majority of them were taken from patients admitted into the Scarlet Fever Wards, with the view of preventing the occurrence of secondary infection by Diphtheria among the Scarlatinal patients. There is reason to believe that by this means, a considerable amount of post Scarlatinal Diphtheria was prevented. Patients admitted to the Scarlet Fever Wards, who shewed the presence of the Diphtheria bacillus, were at once transferred to a special ward.

Of the Diphtheria swabs taken, 329 were sent by medical practitioners. The results obtained were as follows: 90 positive, 220 negative, 19 doubtful. In November and December, in connection with the epidemic of Diphtheria, 101 swabs were taken by me or by Drs. Martin and Hewitt from children in suspected houses or school classes, who were not being attended by doctors. The results were as follows:—positive, 12; negative, 86; doubtful, 3. A considerable number of cases of Diphtheria, which would otherwise have entirely escaped detection, were, as the result of this investigation, isolated and prevented from spreading infection.

The number of swabs taken from patients in the Sanatorium was 1,603. Each Diphtheria patient was swabbed at least twice, once on admission and once on discharge, the discharge being made dependent on freedom of the throat mucus from the Diphtheria bacillus. Each Scarlet Fever patient, as above indicated, was

swabbed on admission, and every Scarlet Fever patient developing a sore throat during convalescence was similarly examined. Of the 428 positive swabs obtained from the above 1,603 examinations of in-patients, 53 occurred in cases of Scarlet Fever.

During the year, 153 examinations of blood for Typhoid Fever were made, 144 of these for practitioners in the town. Of these 144, 74 positive, 62 negative and 8 doubtful results were obtained. The remaining 9 Widal examinations were of patients admitted for Typhoid Fever. Two of these were negative, one patient having Influenza and the other Pneumonia.

The Technique of the serum or Widal re-action was as follows:—

- (1) Method of collecting blood.—Small sterile glass pipettes with central bulb, sealed at both ends, are supplied to the practitioners in tin boxes, with instructions. No special antiseptic precautions are taken in collecting the blood. The specimens are left at the Town Hall, or forwarded by post direct to the Laboratory, Borough Sanatorium, Brighton.
- (2) Preparation of cultures.—An agar culture of the bacillus typhosus is renewed monthly. From this, sub-cultures in broth are made and incubated at 37° C. for 10-18 hours. The broth is made according to ordinary methods, but special care is taken as to re-action. The method adopted is as follows:—Solution of Sodium Carbonate is added until the broth reacts alkaline to phenol-phthalein. Then 3 per cent. of normal hydrochloric acid solution is added. This method is used, as the re-action of phenol-phthalein is much sharper than that to litmus, and it acts equally well with potassium or sodium salts, while litmus re-acts nearly neutral to Na₂ H PO₄ and acid to K₂ H PO₄.
- (3) The serum reaction. Two dilutions are employed, 1 in 10, and 1 in 25, the dilution being measured by drops from a minute platinum loop. A definitely positive diagnosis is not given unless there is complete clumping within 30 minutes, with 1 in 10 dilution, and almost complete in the 1 in 25 dilution, to avoid any fallacy, on the interaction of the paracolon group. It will be remembered that the paracolon sera (e.g. of a case of infection by Gaertner's bacillus) give a positive reaction with low dilutions of bacillus typhosus.

The Widal-Grüber reaction has proved of high value in the diagnosis of doubtful cases of typhoid fever. Its utility has certain limitations, which, as well as its value, are brought out by the following illustrative cases:—

- (a) Cases in which the medical practitioner was of opinion that the illness was not typhoid fever, but as a precautionary measure sent a specimen of blood; or where a specimen of blood was sent at my request.
 - Arthur D., aged 21 years, began to be ill on March 31st, he was seen by a doctor soon afterwards, and on the 5th of April, a specimen of blood was taken from the patient, although the doctor was of opinion that the case was one of Influenza. The doctor in question was familiar

with the work of the bacteriological laboratory, and took the specimen of blood as an extra precaution. The patient was admitted to the Sanatorium on the 6th of April, and his illness ran the usual course of typhoid fever.

- Miss G., aged 25 years, a shop assistant, began to be ill on 5th June. On the 20th, her doctor sent a specimen of blood, which gave a good re-action. When the result of the examination was telephoned to him, the doctor expressed great surprise, although he had sent the specimen as an additional precaution. The patient was admitted to the Sanatorium next day and her illness ran a typical course. The evidence of origin clearly pointed to infection by oysters.
- William C., aged 24 years, began to be ill on 28th April. On the 8th of May, his doctor sent a specimen of blood, which gave a positive serum reaction. On the 10th, the doctor called to say that he thought the certificate must be erroneous, as the temperature was now normal, although the patient had only been ill 11 days. The patient was admitted to the Sanatorium on the same day, and subsequently had a well-marked relapse of typhoid fever. As the patient was admitted with a ravenous appetite, and greatly objected to a restricted diet, it is not unlikely that the positive serum re-action saved his life. The evidence of origin clearly pointed to infection by oysters. A companion who ate oysters with him had an attack of vomiting, without subsequent symptoms.
- (b) Cases which remained entirely undiagnosed during the attack, but were subsequently diagnosed by the serum re-action.
 - Alice T. was admitted to the Sanatorium on the 15th July, the 6th day of an attack of typhoid fever. On investigating her case it was found that she had been recently helping to nurse her brother aged 13. This boy had been ill for over a month, with "congestion of the lungs." On visiting the boy, permission to obtain a specimen of blood from him having been first obtained from his doctor, he was found extremely emaciated, but with a normal temperature; his blood gave a typical serum re-action. He was admitted to the Sanatorium as the home conditions for convalescence were unfavourable..
- (c) Cases in which the serum re-action made an unusually early diagnosis practicable.
 - Walter R., aged 16 years, began with typhoid fever on the 13th July. On the 18th, a specimen of blood was taken with a positive result. The patient was admitted to the Sanatorium next day, and the subsequent course of the attack confirmed the above date of onset. On the 24th June, he and a companion bought sixpenny-worth of oysters from a

street barrow; the patient ate five, the companion, who has remained well, ate three. The house drains were good, and no other source of infection could be detected.

(d) Cases in which the serum re-action failed to help.

Frank B., aged 34 years, began with a very slight attack of typhoid fever on or about the 15th May. A specimen of blood from him on the 25th May, gave a negative result, and a second specimen, on the 29th May, gave very slight clumping with a dilution 1-10 at the end of half-anhour. A third specimen of blood, later on, reacted in the usual way.

Phthisis.—The number of specimens of sputum sent by practitioners during 1899 was 47. In 17 of these the tubercle bacillus was found.

Water Analyses.—The following number of samples of water were quantitatively analysed during 1899:—

	WELI			
			No. o	of Samples.
Lewes Road	• • •	• • •	* * *	62
Goldstone		• • •	• • •	53
Patcham	• • •	• • •	• • •	I 2
Shoreham	• • •		• • •	ΙΙ
Mile Oak	• • •	• • •		6
Aldrington				6
	en			· ·
	Т	'otal	• • •	150

D.—BOROUGH SANATORIUM.

The following table gives a summary as to patients treated in the Borough Sanatorium during 1899:—

Table XXII.

Number of Patients during 1899.

Disease.	Remaining in the Hospital on Dec. 31st, 1898.	Admitted during 1899.	Total number treated during 1899.	Number discharged during 1899.	Number who have died in the Hospital during 1899.	Remaining under treatment on Dec. 31st, 1899.
Scarlet Fever Enteric Fever Measles Diphtheria Small Pox Other Diseases	47 7 43 —	706 108 ———————————————————————————————————	753 115 	627 91 — 456 —	6 18 	120 6
TOTALS	97	1304	1401	1174	65	162

In the following Table the number of admissions for each disease for each year, since the opening of the Sanatorium, is compared:—

Table XXIII.

Number of cases admitted each year to the Sanatorium.

1899	706 487	1304
1898 1899	306 223 855 33	619
1897	265 103 103 2 2 2 2 3	451
1896	204 594 10 10 10 10 10 66 66	350
1895	151 11 11 15 15 17 17 17 17 17 17 17 17 17 17 17 17 17	284
1894	257 549 11 11 1 1 1 4 ::	302
1893	352 88 : 4 + 1 : : : : : : : : : : : : : : : : : :	419
2681	276 43 26 1 1 	352
1891	1144 129 199 199 199 199 199 199 199 199 199	152
1888 1889 1890 1891 1892 1893 1894 1895 1896 1897	162	184
6881	297 5 61 83 83 	447
888	106	172
1887	147	185
18861887	102 8 :12 4 : : : : : : :	126
1885	73 25 25 25 25 25 25 25 25 25 25 25 25 25	35
1882 1883 1884 1885	157	181
1883	277	98
1882	888 1 19 19 19 19 19 19 19 19 19 19 19 19 1	114
(four section)	8 : 8 : 2 : : : :	64
	::::::::::::::::::::::::::::::::::::::	:
DISEASE.	Scarlet Fever Diphtheria Convalescent Diphtheria Typhoid Fever Measles Rötheln (German Rötheln (German Rasles) Small Pox Erysipelas Erysipelas Chicken Pox Quarantine	TOTALS
	Sea Did	

The results of treatment for several years are shown in the following table:—

TABLE XXIV.

	Mortality per 100 cases of each Disease under treatment.								
DISEASE.	1891	1892	1893	1894	1895	1896	1897	1898	1899
Scarlet Fever	3:3	2.8	2.5	1.2	2.7	2.1	3.7	2.0	1.1
Enterie Fever	0,5	14.8	18.2	14'3	20.0	12.7	19.2	12.9	16.6
Diphtheria	8.8	14:3	3.3	17.6	7.6	7.8	5.6	7.8	7.8
Measles	0 16	0	0,4	0,	0	10.0	0	0	0
Small Pox	-		0	0 3	0 5	0,	0,	0,	0 0

NOTE.—The small figures show the total number under treatment for each disease. It is important to have regard to them, as percentages based on small numbers are relatively less trustworthy.

The tollowing table gives the number of patients for whom payment was claimed, and the amount claimed in each case.

TABLE XXV.

By whom Payable.	Number of Patients.	Amount Payable.
Brighton Board of Guardians Private Patients Disinfection, and hire of van for Patients not removed to Sanatorium		£ s. d. 29 8 0 326 10 4 2 5 0 358 3 4

In 1896 the amount payable for patients was £154 10s. 8d., in 1895 £243 8s. 6d. At the end of 1891 it was decided to abolish all payments for patients in the general wards, except for parochial patients, for whom the Board of Guardians pay 7s. 6d. per week for children under 10, and 15s. for others.

The items in the following statement have been furnished by Mr. Stevens. the Borough Accountant:—

^{*} The ease mortality (fatality) is calculated by dividing the deaths multiplied by 100. by half the sum of the admissions, discharges and deaths for the year.

1899.	£ s. d. 150 0 0 1073 13 6 243 1 4 243 1 4 266 3 8 717 0 5 73 19 0 717 0 5 717 0 5 717 0 5 717 0 5 717 0 5 717 0 7 718 16 719 0 7 719 1 7 719 0 7 71	5850 6 0	1304	2006	s. d. 16 8
1898.	£ s. d. 150 0 0 79 19 0 610 19 6 1140 9 5 133 1 1 204 0 4 434 1 4 49 1 8 18 4 6 36 5 8 210 8 5 132 12 3 8 13 0 43 12 3 8 12 3 8 12 3	3467 11 7	619	3260	s. d.
1897.	£ s. d. 150 0 0 79 19 0 499 19 5 941 6 2 75 17 8 102 13 7 296 19 2 43 1 8 17 11 6 10 14 8 27 6 6 96 18 2 4 4 4 0 113 9 4	2449 6 8	451 ·	8676	s. d.
1896.	£ s. d. 177 6 0 79 19 0 431 7 2 730 13 9 42 0 11 84 19 7 44 1 8 17 11 6 11 18 9 9 7 0 9 7 0 45 2 6 123 11 5	2140 10 2	350	1887	s. d.
1895.	£ s. d. 150 0 0 76 17 6 416 14 7 713 6 10 36 19 4 59 14 7 16 14 5 10 16 14 0 94 14 10 15 2 9 8 15 9 112 1 1	2175 8 6	284	1517	s. d.
1894.	£ s. d. 150 0 0 59 19 3 421 6 8 821 10 4 42 10 10 67 15 6 323 19 5 38 10 0 17 11 6 15 1 1 15 1 1 17 1 6 17 1 6 18 7 6 94 18 0	2255 1 3	305	2119	s. d.
1893.	£ s. d. 150 0 0 59 19 3 435 9 9 2 1092 17 6 52 2 4 48 8 4 339 14 4 37 5 0 17 11 6 12 9 7 70 10 0 126 2 4 2 2 0 37 1 1 44 10 10	2526 3 3	419	3031	s. d. 16 8
1892.	£ s. d. 150 0 0 64 11 6 422 12 10 886 5 5 52 11 1 70 2 6 30 8 9 37 5 0 17 11 6 15 16 3 140 17 0 85 11 2 6 6 0	2290 13 10	352	2164	s. d. 21 2
1891.	£ · s. d. 150 0 0 59 19 3 326 18 9 616 14 11 14 9 5 43 3 6 228 15 1 35 5 0 18 13 2 15 3 11 41 0 0 100 6 1 51 0 4 8 8 8	1713 1 11	184	1095	s. d. 29 3
	Salaries and Wages— Medical Officer Matron and Steward Nurses, Porters and Servants Groceries, Trovisions, &c Medical Sundries and Disinfectants Drapery Goods (including Uniforms) Lighting and Heating Rates and Taxes (including Water Rate) Fire and Boiler Insurance Printing, Stationery and Advertising Hose, Hydrants and Fitting Repairs, &c Miscellaneous Fees to Surgeons Hire of Institution Nurses Gardener, Garden, Sundries and Manure	Total Expenditure in the Year 1713 1 11	No. of Patients in the Year	Total No. of Weeks spent by above Patients and by Staff; in the Sanatorium	Total Cost per week for each Patient, including all the Working Expenses

#Including £365 5s. 5d. for asphalting paths. The estimate is based on staff plus patients, as it has not been practicable to separate the accounts for the two.

ARRANGEMENTS AS TO THE RECEPTION OF PATIENTS FROM OTHER HOSPITALS.

In February, 1899, I reported that occasional difficulty had arisen in connection with the admission of surgical patients from the Children's Hospital especially those who had developed Scarlet Fever after burns or scalds. Such cases are generally septic in character, and it was desirable that they should be separately treated. After negotiation with the Committee of the Children's Hospital, it was agreed that they should pay for the special nursing required when patients admitted from the Children's Hospital were in such a condition as to require this. It should be added that a certain proportion of patients thus transferred to the Sanatorium come from rural districts, and that no claim for payment by the rural sanitary authority in such cases can be established. So far as cases admitted to the Children's Hospital or the County Hospital from Hove are concerned, there is a working arrangement based on the following resolution passed by the Sanitary Committee of the Hove Town Council and confirmed by the Brighton Sanitary Committee on 8th August, 1895:—

- "That on receipt of notification by the Medical Officer of Health for Hove from the Medical Staff of either the County Hospital or the Children's Hospital, Dyke Road, that a patient recently admitted to their Hospital from Hove is suffering from an infectious disease, and requesting the removal of such patient, the Medical Officer of Health be instructed to give directions for the case to be removed to the Hangleton Hospital.
- "That the Medical Superintendent and Matron of the Hangleton Hospital be instructed to admit the patient and treat it as in other cases.
- "That a copy of this resolution be forwarded to the Secretaries of both Hospitals, with an intimation that the responsibility of the patient being able to be removed is to rest with the Medical Staff of the Hospital, and that a certificate to this effect be sent to the Medical Officer of Health for Hove in each case.
- "That a copy of the foregoing resolution be communicated to the Sanitary Committee of Brighton, with an intimation that this Committee are willing to recommend their Council to enter into a reciprocal agreement with the Corporation for the maintenance in the Brighton Sanatorium or the Hangleton Hospital, as the case may be, of any case of infectious disease found in the Hospitals of either town which cannot be removed to their proper location, and that the Sanitary Committee be asked to submit draft agreement for consideration of this Committee."

DISINFECTION.—The following is a statement of the disinfecting work carried out during 1899:—

761 mattresses.

745 beds.

2,223 blankets.

12,724 other articles.

Number of	f journeys	with Ambulance	to Sanatorium	• •			1,167		
11	29	"	Hospitals	• • •	• • •		14		
,,	,,	Van to Sana	ntorium with infe	cted ar	ticles	• • •	686		
"	,,	Van from Sa	Van from Sanatorium with disinfected articles						
							2,465		

The work of disinfecting, although carried on at the Borough Sanatorium, may be regarded as a separate department; it completely occupies the time of one disinfector, and occasionally of two.

COUNTY BOROUGH OF BRIGHTON.

The public are warned against eating oysters, mussels and cockles derived from sewage polluted sources.

Serious illness is frequently caused by neglect of this precaution.

(Signed) ARTHUR NEWSHOLME,

Medical Officer of Health.



